



# Making adaptations to your home – DFG A guide

When living with a disability, it is essential to make sure your property is accessible so you can live as independently as possible. This may require adaptations, and to make these, you may be entitled a Disabled Facilities Grant (DFG).

A DFG refers to an adaptation that is partly or fully paid for by your local council. It may include, for example, widening a doorway, converting a bathroom to a wet room, or adding a ramp to the front door. You may be asked to part-fund the adaptation, depending on your household income and savings.

Once your occupational therapist has completed an assessment of your needs, you will need to request a council assessment. This is to decide whether or not the suggested adaptations are appropriate.

## Our Advocacy Ambassadors' top tips

- 1. Make sure you have copies of all the documents that might be required.**
- 2. Do not delay in sending off forms.** A small delay from your side may result in a larger delay from the council.
- 3. Stay positive.**
- 4. Work closely with your OT.** Make sure the right adaptations are being suggested and your needs are fully understood.
- 5. Make sure you know what are entitled to.** Research the DFG policy carefully. If the adaptations are for a child, for example, they should receive a capped non-means-tested grant in England and Wales.

For further information, read our *Adaptations manual* and other related publications. Call our office, and we'll send them to you.

Muscular Dystrophy UK Advocacy Ambassadors are here to provide support on independent living. Through their experience of living with a muscle-wasting condition, either their own or a family member's, they are able to provide great advice and support.

If you need advice getting the services, benefits or equipment you are entitled to, our Advocacy Ambassadors can help. Get in touch today:

**0800 652 6352** (freephone) or [ambassadors@muscular dystrophyuk.org](mailto:ambassadors@muscular dystrophyuk.org)