



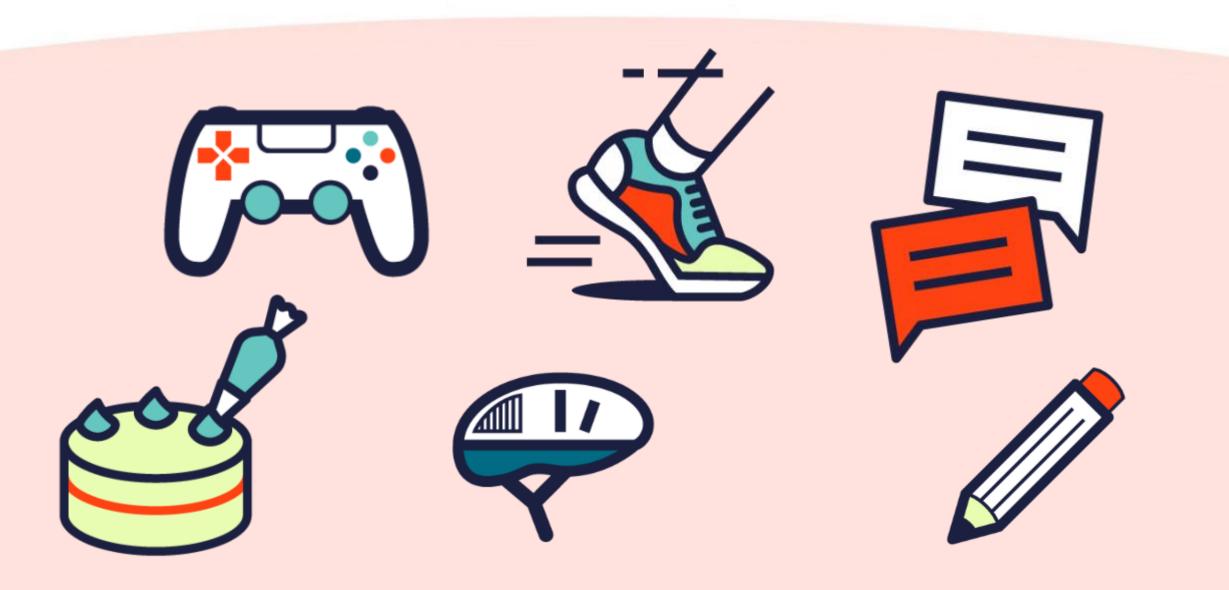


## What are muscles and how do they work?



### Why are muscles important?







#### **Smile and frown**





#### How many muscles to walk?







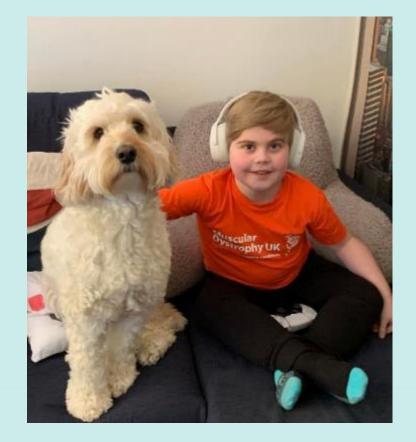
### What if our muscles didn't work?





### What's muscular dystrophy?







#### Some extra help...





# Who are Muscular Dystrophy UK?





#### **Together we are stronger**

#### Research



#### Support



#### Campaigning





# Why is Go Bright important?



#### **Together we are brighter!**















### Thank you for going bright at your school today!

Together we can make a difference.

