BEING PHYSICALLY ACTIVE
WITH NEUROMUSCULAR DISEASE

Your experience can help our research

This research study is seeking to learn more about people’s experiences of physical activity when living with a neuromuscular disease.

Who can help?
- Adults living with neuromuscular disease.
- Have a phone/ laptop etc to join an online meeting

What you’ll do:
- Discuss your experiences of physical activity in conversation with the researcher.
- Discussion lasts approximately 30 minutes

When?
During July 2024 at a date and time that suits you

For more information, please email Claire O’Farrell at 2337125@brunel.ac.uk

This study is being undertaken as a Master’s Degree Dissertation and has been reviewed and approved by the College of Health, Medicine and Life Sciences Research Ethics Committee at Brunel University London to take place between 9/7/24 and 29/8/24.