Thanks to...

We would like to express our gratitude to everyone who has contributed to the work of the Muscular Dystrophy Campaign over the past year. First and foremost we remember the 86 people whose legacy gifts funded our work in 2009/10. Our warmest thanks also go to all of our generous supporters for their commitment to our cause, including organisations and individuals too numerous to mention here who gave smaller gifts and donations. We would particularly like to thank the following:

A M Pilkington Charitable Trust
Allied Mobility
Access to Volunteering Fund
Annandale Charitable Trust
Iain Armit
Bank of America Merrill Lynch
Baron Davenport’s Charity
BBC Children in Need Appeal
Big Lottery Fund
Birmingham Hospital Saturday Fund
Boshier-Hinton Foundation
Carphone Warehouse Foundation
Cherngig Group PLC
City Bridge Trust
Clover Trust
Alison Coustos and Eileen Stewart
Cranbury Foundation
Sebastian Crewe
Julie Cromie
Cumberland Building Society Charitable Foundation
Diageo Foundation
Donald Forrester Trust
Doris Field Charitable Trust
D’Oyly Carte Charitable Trust
The Dragon School
Elsie Lawrence Trust
Foyle Foundation
Garfield Weston Foundation
Genzyme Therapeutics
Nicola Geraghty
Andrew Graham
Greendale Charitable Foundation
Halifax Bank of Scotland Foundation
Sinead Hogan
Michaela Hollywood
Christian Hore
Hugh Fraser Foundation
IBB Trust
John Lyon’s Charity
Joseph Strong Frazer Trust
Lacims-Maclis Charitable Trust
Lady Hind Trust
Lynn Foundation
Infochem Computer Services Ltd
McBains Cooper Consulting Limited
Eileen McCallum
Michael McClintock
Charles and Nicky Manby
Mann-Hodgson Charitable Trust
Marks & Spencer Dundee
MEB Charitable Trust
Miss Marion Broughton’s Charitable Trust
Montague Thompson Coon Charitable Trust
Mrs Gladys Row Fogo Charitable Trust
Myristica Trust
N Smith Charitable Settlement
Alan and Marna Noble
Norman Family Charitable Trust
Northwood Charitable Trust
Next PLC
Oakdale Trust
Paycare Charity Trust
Percy Hedley 1990 Charitable Trust
R E Chadwick Charitable Trust
R S Hayward Trust
Raymond and Blanche Lawson Charitable Trust
Rosetrees Trust
Ross Ian Excell Trust Fund
Keith Rushton
ShareGift
Sir Edward Lewis Foundation
Sir Samuel Scott of Yews Trust
Sovereign Health Care Charitable Trust
Studd Charitable Trust
Tamar Foods
Templeton Goodwill Trust
Tennants Consolidated Ltd
Tesco Property Development Team
The Patrick Trust
Tilehouse Trust
v involved
Valentine Charitable Trust
Robbie and Elaine Warner
Wilmcote Charitrust
Muscle disease causes muscles to waste away, making it difficult for those affected to do even the simplest task. It is often life-limiting and there is no cure for the 70,000 babies, children and adults affected by muscular dystrophy or a related neuromuscular condition.

We empower people with muscle disease by:
- providing free practical and emotional support
- funding world-class research to find effective treatments and cures
- campaigning to raise awareness and bring about change
- awarding grants towards the cost of specialist equipment
- investing in NHS services.

**History**
The Muscular Dystrophy Campaign has a very proud history. We were set up in 1959 by families to raise money for research into causes of and cures for muscular dystrophy. Since then, diagnosis of the different forms of muscular dystrophy and related muscle diseases has improved hugely, and the charity now provides support for over 60 different muscle-wasting conditions.

The Muscular Dystrophy Campaign plays an active role in lobbying and campaigning for changes to improve the support given to patients nationwide. The charity has also made vital contributions to improvements in people’s quality of life by providing emotional and practical support, and supplying essential equipment.

**Key facts**
- Muscle disease does not discriminate – it can affect females and males of any age or race.
- More than 70,000 babies, children and adults in the UK have muscle disease.
- Over the past 50 years the charity has invested £50m in research, £16.5m in supporting families and £33.3m in NHS services.
- Most conditions result from a genetic fault that stops the body from producing the proteins required for muscles and nerves to work properly.
- Muscle disease is progressive, causing muscles to weaken and waste increasingly over time.
- There are currently no known cures.

**Our mission**
To lead the fight against muscle disease in the UK.

Impact reporting – Our annual Impact Report outlines the activities undertaken by the Muscular Dystrophy Campaign to further its charitable purposes for the public benefit. Last year we set ourselves five clear aims, each with an associated set of objectives. This report documents how successful we have been in meeting them. It also includes (in purple from page 30 onwards) the Trustees’ Report and Financial Statements.
The charity has had a successful year surmounting many obstacles presented by the challenging economic climate.

People affected by muscle disease remain at the heart of everything we do so it is particularly pleasing to set out highlights from the achievements that have directly benefited many of those individuals and families.

We continued our support for first-class research at leading centres and, for the first time in the charity’s history, we established a Lay Research Committee which enables families to have a direct say in the research projects that we fund. We are particularly delighted that our support for research over many years has been instrumental in the progress that has led to clinical trials getting under way for Duchenne muscular dystrophy.

The Tesco Charity of the Year partnership raised £3,300,000 during the year and will reach a staggering £5.6 million, enabling us to provide equipment for hundreds of children and young people.

Our fight to ensure everyone living with muscle disease has access to comprehensive, specialist services saw us influencing ministers, parliamentarians and NHS decision makers, and we secured a breakthrough in the West Midlands where NHS funding for two additional consultants and three Care Advisors was agreed.

Our campaigns have also led to full NHS-funding for 23 Care Advisors being put in place across the UK from April 2011.

Reaching more people is an ongoing goal and we saw a 50 percent increase in traffic across our websites. The new clinical trials updates, publications downloads and Bradley media campaign pages proved to be the biggest draw for visitors.

A special thank you must deservedly go to former Chief Executive Philip Butcher who stepped down from the post in June 2010. After five successful years in charge Philip’s drive, support and leadership have left a positive mark on the charity and benefited many people living with muscle disease.

Finally, thank you to all our supporters, families and volunteers whose contributions and hard work have helped to make these successes possible.

As we look to the future, we intend to build on the progress made in the last year and we hope you will continue to support our fight against muscle disease as we head towards 2011.

Together we’re stronger.

Robert Meadowcroft  
Acting Chief Executive

Martin Bobrow  
Professor Martin Bobrow  
CBE FRS FMed Sci  
Chairman
A note from the directors

Director of Care and Support
Lyn Inman
We have invested £850,000 in the NHS and increased the number of Care Advisor posts to 23, all of whom will be fully funded by the NHS from April 2011. We have seen a substantial growth in requests for, and provision of, free practical and emotional support to families via the Care Advisors and our central Information and Support Service. The Care and Support team continued to work in our three strategic areas of self-management and self-care, clinical and care services and best practice development.

Chief Executive at the NeuroMuscular Centre
Matthew Lanham
‘Strong and powerful services for many more people, largely user led and backed up by an outstanding financial performance’ That sums up NMC’s year and why we’re so proud of the team that has made such a performance possible. The outcomes and positive impact NMC provides for service users makes it all the more important to actively support the creation of more NMCs across the UK.

Fundraising and Marketing
Rebecca Day
Our evolving events portfolio and drive to engage more people with the charity enabled us to develop new and exciting fundraising initiatives and volunteering opportunities. Excellent media coverage throughout the year was secured through our Tesco partnership, while our poster campaign, featuring Bradley Addison, helped drive up awareness of the charity in early 2010.

Director of Research
Dr Marita Pohlschmidt
One main focus has been the provision of support to the scientific community to develop treatments and cures. We invested £927,000 in basic and clinical research projects. For the first time in the charity’s history we started to directly involve the voice of our families and supporters in research decisions through the establishment of a Lay Research Committee; ensuring we fund the best and most relevant science for people affected by muscle disease.

Director of Finance
Hassan Khan
The management of the Tesco Charity of the Year partnership provided a huge challenge for the Finance team; increasing income for the year by more than 50 percent. Despite the unprecedented economic climate core charitable services were maintained in line with budget through income from fundraising activities, legacy gifts and investment.

Acting Chief Executive
Director of Policy and Operations
Robert Meadowcroft
We continued to fight on a national and regional level to ensure that each person living with muscle disease has access to comprehensive, specialist neuromuscular services. Thanks to the support of our local Muscle Groups, backed by parliamentary support and careful use of media pressure, our campaigning work is paying off. Plans are now underway to recruit additional NHS-funded Muscular Dystrophy Care Advisors. Our free advocacy service ensures that people living with muscle disease remain at the heart of our campaigns.
Our year in headlines

April 2009

More than 120 runners take to the streets for the Flora London Marathon 2009 in aid of the charity, raising a staggering £235,000.

May 2009

The Trailblazers’ three-month undercover investigation into accessibility on public transport for disabled people in the UK culminates in the launch of the End of the Line report.

June 2009

Golfers around the country play four courses in one day for the 20 Million Yard Golf Marathon, raising over £12,000.

July 2009

Nearly 30,000 children across the UK take part in our Young Pavement Artists Competition.

Six new research projects are awarded funding. The projects aim to further understand muscle disease and develop therapeutic approaches.

August 2009

Access to 100 of the top universities in the UK is tested by Trailblazers. The resulting report University Challenge gets regional and national media coverage and causes a debate involving vice chancellors, MPs and local authorities.

The All Party Parliamentary Group for Muscular Dystrophy publishes the Walton Report; which uncovers gaps in care and support, and calls on NHS decision-makers to take urgent action.

September 2009

1,964 volunteers collect £80,000 during our Tesco National Collections.

Deputy First Minister Nicola Sturgeon MSP announces a major review of neuromuscular services across Scotland.

October 2009

Trailblazers interview the Minister for Transport on his plans for the improvement of accessibility on buses, trains and in taxis.

The final campaigning Muscle Group in England is launched taking the total number of Muscle Groups to 10 – one in each region.
November 2009

The Cross Party Group on muscular dystrophy in the Welsh Assembly launches an inquiry into specialist care.

December 2009

Eileen McCallum, star of Scottish TV, hosts the annual Spirit of Christmas Carol concert at Paisley Abbey attracting 448 people and raising more than £5,700.

*Trailblazers* turn their investigative attentions to the leisure industry and the level of service provided to disabled people, appearing on BBC 1, GMTV and Five News.

The second edition of *Target Research*; containing articles on clinical trials, exercise, genetic testing, drug discovery and much more, lands on doorsteps.

January 2010


February 2010

Aztec Events chooses the Muscular Dystrophy Campaign as the benefiting charity for Sir Alex Ferguson’s Golf Classic.

We announce our partnership with Harley Davidson, who will be encouraging its chapters to raise money through its popular mileage programme.

March 2010

In the West Midlands, the NHS Specialised Commissioning Group announces additional investment of £400,000 to pay for three Care Advisors and two new neuromuscular consultants.

Our third UK Neuromuscular Translational Research Conference is held in Oxford in partnership with the MRC Centre for Neuromuscular Disease. It is attended by over 200 international experts on muscle disease.

Flora London Marathon competitors
Empowering people living with muscle disease

During 2009-10 we worked hard to help break down the barriers experienced by those living with muscle disease. It is our goal to reduce isolation by enabling our service users to share positive experiences with others. In the words of one of our peer support network members, ‘there is no manual on how to live with this condition, yet we all share similar experiences’.

Living with MD project

Since May 2009 this London-based self-management project, funded by the City Bridge Trust, has successfully delivered 10 one-day self management events for adults with muscle disease. Membership continues to increase and peer support days will be run twice a year for all those involved once the initial funding for this pilot ends.

Participants' comments from a Family Day

“I would like to start by saying how surprised and overwhelmed I was when we went off to Bluebell Wood. All the staff were amazing, and they made myself and my family feel straight at home. Courtney took so well to them. She can’t wait to go to Bluebell Wood for a little ‘R and R’. Many thanks to Julie and the Muscular Dystrophy Campaign for arranging this special day.”

“I really enjoyed myself at Bluebell Wood. I would love to start going there to give my mum a rest. The staff were fab. We had lots of fun together – thanks for a good time.”

Exercise on accessing professional care

Discussing daily routines and ‘handy hints’
Events – Family Weekends, Adult Information Days, the National and Scottish Conferences

The Garfield Weston Foundation provided funding for 17 families to attend the fun-packed Kielder Family Weekend for canoeing, orienteering, archery, swimming and, for the real daredevils, the big swing!

With the support of Julie Cassell, Care Advisor for the East Midlands, nine families with children over the age of 10 met at Bluebell Wood Children’s Hospice to see the facilities available, meet other families and have a fun time.

In June three Care Advisors ran an adult information day in Milton Keynes where participants could learn about anaesthetic issues, take a copy of Muscular Dystrophy Campaign’s Adult Self-Management pack, and participate in a choice of relevant workshops.

Our National and Scottish conferences provided a great opportunity to meet friends, learn about research and get lots of information and support – all in a relaxed and supportive setting.

Schools and professionals’ training – two schools’ days in the South West and Scotland, and three Duchenne muscular dystrophy training days

The enthusiasm for these events resulted in staff from 11 schools in Exeter attending a schools’ network day, and occupational therapists attending a network meeting in Bristol.

New family recruitment with emphasis on parents and children

We continued to focus our efforts on extending our reach to the newly diagnosed. We have improved the quality of data we capture about our service users to ensure we keep them well informed and can offer the highest quality support according to their individual needs.

Our ‘Information Pathway’ and ‘Here to Help’ cards proved valuable tools in spreading the word, while the ‘Newly Diagnosed’ section of our website offered support and signposting to the relevant services.
Clinical and care services

Working in partnership with healthcare professionals to ensure those living with muscle disease receive the highest quality of care available.

The Care and Support team continued to grow towards 23 Care Advisors based at clinics around the UK. A clinical database co-ordinator was also introduced to provide professionals with best practice guidelines, along with six support staff in our London office.

Continued to grow the number of Care Advisors within the NHS

After six months of negotiations with NHS Trusts and the Campaigns team’s work with Specialised Commissioners we are delighted that the eight Care Advisors, currently funded by the Muscular Dystrophy Campaign, will be fully funded by NHS Trusts from 1 April 2011. We also secured eight further vital posts to provide invaluable advice and support on care, specialist equipment and grants for people living with muscle disease.

Audit visits to four clinical research grants

Our thanks go to Professors John Harris and Richard Hughes who have visited the grantees at Newcastle, Oxford, Oswestry and the Combined Dubowitz and IoN Neuromuscular Centres, and produced informative reports.

Communication with partner charities and support groups

We held two information-sharing meetings with our partner charities and support groups, using Target MD and our website to help promote their work and events. Our information team attends or supplies resources for all related partner charity events. We also provide additional administrative support to the FSH MD UK group and the Limb Girdle Network.
Best practice development

Working together to ensure best practice across care and services

Publish and distribute Transition Guidelines to families and young adults

Our comprehensive guide for 13 - 25 year olds is aimed at young people affected by muscle disease, their families and the professionals involved in their care. It provides advice about services and entitlements, and where further information can be found.

Grow professional networks

Our professional networks have grown to include 867 occupational therapists, 515 physiotherapists and 309 schools. We provide information and support to the three networks with small Regional Care Advisor led training days and regular contact through our support service team.

Grow our natural history databases to include adult conditions

Following the launch in 2006 of the NorthStar database and the addition, in 2009, of the SMArtNet database, the clinical databases are being extended to include congenital muscular dystrophy and inclusion body myositis. The National Neuromuscular Database is managed by a consortium of clinicians who, with the financial support of the Muscular Dystrophy Campaign, will build on current databases to develop a national online multi-centre neuromuscular facility. This revolutionary facility will house information from multiple disease-specific databases.

Find out more at www.muscular-dystrophy.org/how_we_help_you
Scientific and clinical research

To facilitate research into cures, treatments and disease management

The Muscular Dystrophy Campaign continues to fund high-quality research into the development of treatments and cures for muscle disease. We make research information accessible by communicating in easily understandable language and actively involve people with muscle disease in the process of research funding.

Support research into the development of treatment and cures

Identifying the most promising research into cures and treatments for muscle disease remained one of the charity’s main objectives in 2009/10.

Over the past year the research team has managed 22 active research projects covering 15 different conditions at a total cost of £927,318. Six new research projects focusing on further understanding muscle disease and developing therapeutic approaches were awarded in this year’s grant round. The two new project grants are:

- Professor Kate Bushby at the University of Newcastle is investigating why a reduction or absence of the dysferlin protein leads to muscle damage known as dysferlinopathies (including limb girdle muscular dystrophy type 2B) – total cost £124,000 over two years.
- Professor George Dickson at Royal Holloway, University of London is working to optimise a gene therapy that uses a harmless virus to treat Duchenne muscular dystrophy – total cost of £131,000 over two years.

Committed to providing opportunities for the next generation of researchers, this year we launched the Patrick Research Fellowship. Funded by one of our major benefactors, the Patrick family, the fellowship allows a senior scientist to establish their own group.

- Professor Kay Davies received the first award for a member of her group to further develop a gene therapy approach called ‘exon skipping’ to treat Duchenne muscular dystrophy (total cost £170,045 over two years).

Three new PhD studentships were also awarded to:

- Professor David Beeson in Oxford to investigate treatment and diagnostic approaches for myasthenia gravis and congenital myasthenic syndromes – total cost £91,950 over three years.
- Professor Steve Winder at the University of Sheffield to investigate the function of a protein called dystroglycan in healthy muscle and in Duchenne muscular dystrophy – total cost £100,772 over four years.
- Professor John Weinman at Kings College in London is aiming to explore people’s beliefs about their muscle disease with the aim of improving their quality of life – total cost £61,000 over three years.

Facilitate communication and collaboration between scientists and clinicians

Dialogue between scientists and clinicians is vital to ensure a speedy transfer of promising technology into clinical use. This year, in partnership with the MRC Centre for Neuromuscular Disease, we organised our third annual conference. The main focus was on translational research and the conference was attended by over 200 international muscle disease experts. The charity continued to support the European Neuromuscular Centre with £15,000.
Strengthen our relationship with the scientific community

We continued to visit our grantees for updates on the latest research advances.

As active members of the Genetic Interest Group, the Association of Medical Research Charities and Rare Diseases UK we were able to influence the Government, parliamentarians and policy makers to ensure our strategic research aims are met.

Inform our families, supporters and the lay audience of research advances

We continued to grow our research information services by posting weekly online updates and publishing Target Research, an annual magazine devoted entirely to science.

Updates on ongoing clinical trials are of immense importance to our families and the information we publish on our website has been very popular. We continued to improve the format of this unique resource and now provide information on a growing number of clinical trials from all over the world.

Enhance involvement of lay people in scientific issues

We continued to grow Talk Research, a group of lay people who provide vital feedback on how to improve the relevance and quality of our research communications. Last year we asked professionals such as physiotherapists and occupational therapists to join, which considerably widened the group’s skills and knowledge, enabling us to cater for their needs and interests.

A major initiative saw the successful establishment of a Lay Research Committee to increase patient and public involvement in scientific research. Scientists and clinicians who apply for funding also have to complete a second ‘lay’ application form that ensures their project can be easily understood by our families and supporters. This will allow people affected by muscle disease to be in close dialogue with the research community and have a direct influence over which research projects will be funded.

“The lay research team demonstrates how the opinions of ordinary members of the Muscular Dystrophy Campaign are taken into account in the process of awarding grants. Involvement of patients and other users of the charity in this forum is an important advance.”

Helen Stockdale, Lay Research Committee Member, pictured below with her family

Find out more at www.muscular-dystrophy.org/research
To educate, inform and lead the discussion about muscle disease in order to raise public awareness and better inform statutory decision making.

Significant progress has been made with improving health care services. We have established regional campaigning Muscle Groups, whose members have pressed their MPs to support our calls for improved specialist services. The Trailblazers, of which there are now more than 200, are increasingly becoming recognised for their dynamic and forthright approach.

Fiona has a rare neuromuscular condition which has progressed rapidly over the last few years. Despite this, she was still receiving the lower rate of Disability Living Allowance (DLA), and her request to be reconsidered was refused without a medical check. Following our intervention, a medical was carried out and she was placed on the appropriate rate of DLA, making her £30 a week better off as a result. Fiona said, “Thank you so much for helping me to fight this.”

Build parliamentary support

We have increased parliamentary support in Westminster, Edinburgh, Cardiff and Belfast, working with individual politicians from all parties.

The launch of the All Party Parliamentary Group (APPG) for Muscular Dystrophy Campaign’s Walton Report in August 2009 attracted widespread media interest. The Report sets out the findings of an in-depth inquiry into specialist care, featuring evidence from patients, clinicians and health professionals. It was named after Professor Lord John Walton, one of our founders, for his outstanding contribution to the fight against muscle disease and his work on the APPG.

Similar parliamentary groups have been set up in the Welsh Assembly and Scottish Parliament and they are currently examining the gaps in neuromuscular services in each country.

Ensure NHS commissioners provide access to specialised services

Following our major breakthrough in the South West in early 2009, we have achieved £400,000 worth of new NHS investment to fund three Care Advisors and an additional two neuromuscular consultants in the West Midlands.

We have secured support for reviews of NHS services in four of the English regions and in Scotland, while we are at last also seeing some improvement in services in Wales.

Involving people living with muscle disease, including young campaigners

Muscle Groups sit at the heart of our campaigning work. Made up of people living with muscle disease, these groups have
been established across the country to put pressure on NHS decision-makers.

We currently have more than 500 active Muscle Group members, many of whom have met with their local MPs, clinicians and NHS directors to discuss vital improvements in specialist care.

Our young campaigners’ network, the Trailblazers, has been campaigning to improve access to transport, education, leisure and employment services. The group published three hard-hitting reports this year, attracting widespread media coverage. They also met Ministers and Secretaries of State to discuss their reports, lobbying the House of Commons and presenting a petition to 10 Downing Street.

**Advocacy support and influence over research policy in the EU and UK**

The Campaigns team continues to provide direct advocacy support for patients and their families. We work to ensure patients have early access to any benefits from new developments in research.

The Policy and Campaigns team has lobbied MEPs and key EU decision-makers to protect funding for vital research supported through European funds. In early 2009 the team secured an important assurance from EU Commissioner Janez Potocnik that neuromuscular research is a priority that will continue to be supported in the future.

Sulaiman Khan, aged 25, is a Trailblazer Ambassador for London who has played a leading role in each of the Trailblazers campaigns. He met Transport Minister Sadiq Khan MP and also led presentations on disability rights at a number of events with key decision-makers.

Alongside other campaigners, he presented a petition of 1,000 signatures to Number 10 Downing Street, calling on the Government to improve services for young disabled people.

Thanks to his tireless campaigning, Sulaiman recently won the President’s Young Person’s Award (find out more about these awards on page 26), a prize from the local Mayor and was runner-up for the Redbridge Young Citizen Award.

Find out more at www.muscular-dystrophy.org/campaigns. Find out more about Trailblazers at www.mdctrailblazers.org
The NeuroMuscular Centre in Cheshire

To provide training, employment and physiotherapy services for people with muscle disease

The past year has been a highly successful and exciting time for the NeuroMuscular Centre (NMC). The Centre is a unique resource for adults with muscle disease; boasting a community of more than 500 who provide mutual support and much more.

At the heart of the NMC is the award-winning social enterprise – NMC Design+Print. Based in Cheshire and primarily serving people from the region, the NMC is increasingly recognised as a leader in the treatment of adults with muscle disease using physiotherapy and hydrotherapy. More than 150 people access this service regularly, enabling them to stay well and do more in life.

This commercially competitive company provides graphic design and print solutions for hundreds of customers from across the private, public and voluntary sectors.

The centre also works to help people lead more fulfilling and productive lives by offering a range of training courses leading to vocational qualifications and employment opportunities.

Create a physiotherapy social enterprise business

Funding for this has again been delayed so we have postponed this work until 2010/11 as it remains a key objective. Our trading relationships with Primary Care Trusts (PCTs) and Local Health Boards remain a key focus for the NMC, and we are extremely keen to develop these further in the coming year.

Achieve full cost recovery for physiotherapy service

We remain at just below 90% full cost recovery. This reflects the fact that although income from PCTs has risen, so too has our caseload from PCT areas that are not funded. We continue to negotiate with those PCTs who do not fund their patients’ treatments at the NMC.

Consolidate the team of home workers into a successful and productive part of NMC Design+Print

Despite numbers of home workers remaining small they are an increasingly important part of our design team.

Launch new user-led advocacy service

NMC Advocacy Service was launched with a team of service user volunteers providing a peer-to-peer advocacy service for others.
New services in Newcastle

The target for this year is to launch services including physiotherapy and training. This project has continued to develop over the past year. Our focus is on securing sustainable funding sources to mirror the financial arrangements at NMC Cheshire. We will ensure the proposed centre has clear links with the NHS in the North East.

Successfully roll out the New Options programme

The New Options programme, successfully launched this year, has provided practical experiences and opportunities to allow 80 of our service users to move nearer to finding employment.

Objectives for 2010/11

- Create a new carers' suite area and new accessible kitchen for service users
- Create a successful NMC Physiotherapy social enterprise
- Achieve full cost recovery for physiotherapy service
- Support the planned development of new NMCs in the North East and West Midlands
- Continue to offer the New Options programme, to give practical support to 30 more our service users, helping them to move closer to employment.

Find out more at www.nmcentre.com
Spreading the word

Our focus is a communications programme that delivers the right messages at the right time to our supporters, families, professionals and the general public.

During 2009/10 we saw a substantial increase in awareness and recognition of our charity and cause. This was achieved by delivering a new brand identity in partnership with consistent and powerful messages across all media.

During 2009/10 we launched our new kite logo following its successful use with Tesco. This proved to have a strong impact, leading to a clear increase in recognition of our logo and understanding of our cause. A campaign awareness monitor tracked our awareness over the year and results indicated that awareness of Muscular Dystrophy Campaign has more than doubled from 4% to 9%.

Our new website has gone from strength to strength. Visits to the site have doubled from just over 20,000 to more than 40,000 per month. We introduced new sections and features including an online research grant application form, a new press office section, a free publications library and an exciting new eCards service.

All these developments, along with our portfolio of microsites, proved very popular with our supporters and we continue to encourage feedback about how we can go on improving our online information and support.

Making the headlines

A significant increase in our media coverage enabled us to raise our profile substantially throughout the year.

Key highlights include the publication of the Walton Report, which generated coverage on BBC News 24, BBC Breakfast, BBC Online, Independent on Sunday and many regional broadcast and print outlets.

The Tesco Charity of the Year partnership secured over 1,000 pieces of press, broadcast and online articles, exceeding our target by 25 percent. The Young Campaigners from the Trailblazers also appeared on GMTV and 5 News, as well as in regional broadcasts around the country.

Getting our voice heard

Raising the profile of the Muscular Dystrophy Campaign and telling the stories of some of our families and supporters, we help get the voices of the 70,000 people affected by muscle disease and related conditions heard by the wider community.
Young artists support our cause

Our annual Young Pavement Artists Competition generated entries from nearly 26,000 children and more than 230 schools across the UK, making it our most successful competition to date. The national awards were presented at the Natural History Museum on 7 July 2009 giving a fabulous day out for all our winners and their families.

Find out more at www.muscular-dystrophy.org/pavementart
The Joseph Patrick Trust (JPT) is the welfare fund of the Muscular Dystrophy Campaign. It provides vital financial support for specialist equipment to help promote mobility and independence for people with muscle disease. The Trust provides grants towards the cost of items that are essential for maintaining independence and quality of life, such as powered wheelchairs, adapted computers and electric beds.

In 2009/10 JPT made 84 awards to help adults with part-funding for equipment. We could not have done this without the support we received this year. We would like to give a special thanks to:

- Tilehouse Trust
- Boshier-Hinton Foundation
- Lady Hind Trust
- Baron Davenport’s Charity
- Bruce Wake Charitable Trust
- Independence at Home
- Sovereign Health Care Charitable Trust
- BHSF Medical Charity and Welfare Trust
- D’Oyly Carte Charitable Trust
- Doris Field Charitable Trust
- Paycare Charity Trust
- Valentine Charitable Trust
- Cumberland Building Society Charitable Foundation
- Friends of MD.

We have also once again worked with our golf-scheme partners this year to help fund wheelchairs.

A special thanks goes to Mr Alexander Patrick and the Patrick Trust for their continued support of the Joseph Patrick Trust.

Charles Gibb

My muscular dystrophy was diagnosed approximately 30 years ago. In 2007 I suffered a serious fall which resulted in me becoming permanently confined to a wheelchair. From that moment my general physical condition began to deteriorate. Sitting all day became extremely uncomfortable and my body ached all over.

The sit-to-stand powerchair, to which the JPT has so generously contributed, will enable me to stand up in comfort and complete safety at the touch of a button.

I firmly believe that my new powerchair will provide me with significant long-term physical benefits and greatly improve my quality of life. Without the JPT’s support I would not have been able to acquire this vital equipment so to them I extend my most sincere thanks.
Ellie Broadley

Eight-year-old Ellie Broadley from Keith, Aberdeenshire, was one of the many recipients of Tesco Charity of the Year support, receiving £1,500 for a specialist trike.

This vital piece of equipment will help Ellie, who has Bethlem myopathy, to maintain mobility and muscle-strength, providing her with essential independence.

Local Tesco staff met up with Ellie to see the fruits of their fundraising, with store manager Neil McConnell saying, “It was lovely to meet Ellie. She was so happy with her trike and I’m delighted that our fundraising has helped a local child in such an incredible way.”

Ellie was overjoyed, saying, “My new trike is absolutely brilliant! It makes it so much easier for me to get around, especially when I’m feeling tired or achy. I wanted to say thank you to everyone at Tesco and I’ve told my mum she’s only allowed to shop there from now on!”

Tesco Charity of the Year 2009

In 2009/10 we were also able to fully fund equipment through the Tesco Charity of the Year 2009 partnership. Over the course of the year we provided over 400 pieces of equipment for children and young people aged 19 and under.

How to apply

To apply for a JPT grant, request an application form from: JPTgrants@muscular-dystrophy.org
020 7803 4814

You can now also apply online at www.muscular-dystrophy.org/JPTonline
Volunteer fundraising

We have been overwhelmed by the continued dedication of our supporters, who have raised funds and volunteered with us. Over the past year, inspirational individuals have undertaken amazing activities to raise a total of £700,000.

Scotland

The highlight of our fundraising calendar was the annual Spirit of Christmas Carol Concert at Paisley Abbey. Scottish TV star Eileen McCallum hosted the evening that included carol singing and festive readings.

We launched a Volunteer Events Managers programme with Glasgow Caledonian University. Events students applied for the opportunity to work with us and, over the course of the year, Rebecca Wood and Mandy Begg managed our involvement with a portfolio of six events.

North East and Yorkshire

When Keith and Amy Morris’s son Alby was diagnosed with Duchenne muscular dystrophy in 2009 they decided to do something to help the charity. The result was the Winter Ball in Newcastle upon Tyne. Before long the event grew and surpassed all expectations by raising over £7,500. Keith and Amy now plan to make this an annual event and have also organised a Family Fun Run.

Roger Stewart of York raised over £1,500 when he established his own wedding car business, combining his interest in vintage Jaguar cars with a desire to support the charity after his grandson Reece was diagnosed with Duchenne muscular dystrophy.

Northern Ireland

Sinead Hogan and friends organised the ultimate New Year’s Day challenge which saw almost 50 people braving the extreme weather and plunging into the freezing depths of Lough Erne in Newtownbutler to raise more than £6,500.

North West and Wales

Established in February 2009, the North Manchester Fundraising Group has grown in numbers and fundraising events. Led by the enthusiasm and dedication of Nicola Geraghty and Steven and Lynda Price, they have raised over £3,000. The group has great plans for expanding in 2010 and beyond with a recruitment drive planned to attract more volunteers and help it take on more events and collections.
Christine Ogden of Bolton is one of the most committed volunteer fundraisers in the region. Not only does Christine spend a great deal of time writing to companies for support, she also organises her own fundraising events throughout the year including an annual concert.

**South West**

Nicole Beebee from Bristol raised over £500 from her coffee morning in February after finding out that her friend’s two sons had been diagnosed with muscular dystrophy.

**South East**

With the help of friends and family, John Kelly from Hampshire raised in excess of £5,000 for the charity. John said, “Our son Thomas was diagnosed with Duchenne muscular dystrophy in November 2008. We have been greatly supported by the Muscular Dystrophy Campaign and, by way of thanks, we were pleased to raise funds by taking part in the Test Way Half Marathon Walk last year.”

**London and the East of England**

In February 2010, Macfarlane Packaging employees, organised by Steve and Beverley Jones, undertook a 26-mile swim and 159-mile bike ride raising over £1,500 for the charity.

**Looking to tomorrow**

We will continue to focus on supporting people who raise money for the Muscular Dystrophy Campaign in their community through our volunteer fundraising staff and volunteers. In the coming year there will be more opportunities for people to volunteer and get involved.

In 2010/11 we will:

- work to establish new fundraising committees
- launch new fundraising events including A Question of Support, Come Dine With Us and At the Movies.

Find out more at www.muscular-dystrophy.org/get_involved
Flora London Marathon

In glorious sunshine, 120 Muscular Dystrophy Campaign runners completed the gruelling 26.2 miles of the 2009 Flora London Marathon to raise a staggering £235,000 for the charity. Experienced athletes and first-time fun runners took part in a variety of orange kit, including Tim Smith, part of the Tesco team, who cut a dashing figure in a bright orange lycra unitard and wig!

Phil Eaves was our fastest marathon runner, completing the race in a very respectable two hours and 55 minutes.

A golden evening

More than 1,600 guests filled York Minster in June to hear mezzo-soprano Katherine Jenkins, soprano Faryl Smith, baritone Alexei Kalveks and the award-winning Rodillian Singers mark our 50th anniversary. Overall the event raised a sensational £50,000.

“It’s wonderful to be able to sing in this beautiful cathedral and at the same time support the work of the Muscular Dystrophy Campaign in its fiftieth year.”

Katherine Jenkins

Microscope Ball

More than 600 leading executives in the property sector went back to the swinging thirties for the 26th Microscope Ball at the London Hilton, Park Lane.

On the night guests raised a record-breaking £80,000 bidding on a range of ‘money can’t buy’ auction prizes such as a dinner hosted by TV star chef Tom Aikens and a guitar signed by Madonna. The main attraction was the chance to win a Kia Picanto car worth nearly £9,000. Overall the event raised an amazing £206,000.

Muscular Dystrophy Campaign President Sue Barker MBE was on hand to open the auction and she was joined by fellow BBC Question of Sport star Matt Dawson, BBC Sports Presenter Rob Bonnet and England cricketer Sajid Mahmood.

We are very grateful to the Microscope Ball Committee, whose enthusiasm and commitment ensured the evening's success, as well as to our generous sponsors and donors. Special thanks to Chair, Clive Bush, who worked tirelessly to make the evening possible.

London Welsh Male Voice Choir

Thanks to the support of Mr Alexander Patrick and the Patrick Trust, charity supporters were treated to a night of fine voice with the London Welsh Male Voice Choir singing at Birmingham Town Hall. The evening raised more than £5,000.
Spirit of Christmas

Hundreds of people flocked to our celebrity-packed concerts across the country at Christmas. Much-loved actor and television personality Matthew Kelly hosted the events with performances from stars of stage and screen, including Miranda Richardson, Imelda Staunton and Greg Wise, who gave spell-binding readings at Southwark Cathedral. Matthew also performed the honours at Christ Church Oxford, with music from Alexei Kalveks and readings from Tracey Childs, Simon Williams and Lucy Fleming. A special thank you to Sarah Kelly for her invaluable support of both events.

Trek China

In late March 2010 a group of intrepid explorers walked seven hours a day for five days in sub-zero temperatures along the Great Wall of China raising £115,000 to date.

“What a week. Thanks all for such an amazing experience...unforgettable!”
Alison Jones

20 Million Yard Golf Marathon

In June, golfers took the challenge of playing four courses in one day for the 20 Million Yard Golf Marathon, which raised over £12,000. BBC sports presenter Rob Bonnet, who took part, said, “We started at 4.35am and it was definitely worth it, knowing that my efforts will help the Muscular Dystrophy Campaign improve the lives of children and adults with this condition.”

Running events

The running events programme continued to grow with teams competing on behalf of the charity both at home and abroad. Last July, thanks to the support of President’s Club member Tony Carey, more than 300 runners raised £54,000 as part of the Property Week Challenge. Another 215 runners took to the streets of Newcastle and South Shields in the Great North Run, raising more than £80,000. Thanks to all who took part.

Find out more at www.muscular-dystrophy.org/events
Partnerships

Thank you to all companies, trusts and key corporate sponsors for their charitable giving and sponsorship of our projects. In particular we would like to highlight the following partnerships.

Tesco Charity of the Year 2009
This partnership was a momentous achievement for the charity and proved to be a great success, raising £3,300,000 during the year and likely to reach £5.6 million overall. The money raised will fund life-changing equipment for hundreds of children with muscle disease throughout the UK.

Highlights included:
● Superstores in the South held two themed fundraising days to raise £250,000
● Distribution staff held clay pigeon shoots that raised £100,000
● Head office staff hosted a golf day that raised £64,000.

A series of extremely profitable cause-related marketing campaigns from Tesco Bank, Greeting Cards, Clubcard and Photo Calendars proved instrumental in the success of the partnership. A high-profile campaign with Proctor & Gamble across key products sold in Tesco raised £300,000 and increased awareness with extensive marketing support in national newspapers and a widely-broadcast TV advert that was ranked in the top 20 of Marketing magazine’s weekly Adwatch.

The partnership was supported by a dedicated PR strategy, which secured more than 1,000 pieces of press coverage across the country. Key successes have included in-depth features on the partnership on ITV1 Tyne Tees and ITV1 Central, as well as pieces in the Sunday Express, Daily Mail and The Sun.

Aztec events
Aztec events were kind enough to arrange Sir Alex Ferguson’s Golf Classic in July 2009 which raised an amazing £65,000 in one day from corporate teams and celebrities from the North of England.

HBOS
HBOS provided us with an extended opportunity with which to raise money by selling Rupert the Bear keyrings. The charity raised some £30,000 through this initiative.

Somerfield
A huge cheque for £79,000 was received from Somerfield at the start of the 2009 financial year.
The Q Trust
The lives of Quentin Crewe and Mark Reynolds continue to inspire others affected by muscle disease and, in their memory, the Q Trust committee remains dedicated to raising the final £100,000 of its £1 million target.

Key events this year included the Rubber Band Rock ‘n’ Roll evening, a reception at the Dubowitz Neuromuscular Centre based at Great Ormond Street Hospital and involvement in the Spirit of Christmas concert at Southwark Cathedral. A big thank you to everyone who has raised funds for the Q Trust.

President’s Club
The President’s Club was founded two years ago to help us benefit from the advice, guidance and dedication of our most passionate and influential supporters.

The charity is now able to see the value and impact of developing relationships with our Vice Presidents. Over the past 12 months the growing and substantial contributions of members have resulted in increased support for existing events, Vice Presidents organising and managing their own fundraising events, increased introductions to potential corporate and individual supporters, and the donation of major gifts.

Key supporters
We are grateful to a number of supporters who helped us provide grants through the Joseph Patrick Trust (read more on page 18).

A number of grantmakers, including the Greendale Foundation, Donald Forrester Trust, Cranbury Foundation, Montague Thompson Coon Charitable Trust, Foyle Foundation, Samuel Scott of Yews Trust, Rosetrees Trust and the Big Lottery Fund, are helping fund pioneering research into potential treatments for Duchenne muscular dystrophy, myotonic dystrophy and mitochondrial myopathy.

Generous donations from a range of supporters, including the Big Lottery Fund, Northwood Charitable Trust and the Row Fogo Charitable Trust, have allowed us to provide vital care services for families living in Scotland.

We are very fortunate to have also received significant new and continued support for our volunteering projects this year, with grants received from vinvolved, City Bridge Trust and Access to Volunteering Fund. These projects have been remarkably successful and allowed us to set up a network of muscle groups, run zero-cost self-management days and set up a parliamentary campaign group for younger people with muscle disease.

Find out more at www.muscular-dystrophy.org/fundraising
And the winners are...

Our 2009 President’s Awards recognised the outstanding achievements of 13 dedicated individuals who have contributed to the work of the Muscular Dystrophy Campaign.

**Campaigner of the Year**

**Sharon Kitcher** has campaigned tirelessly for better care for people with neuromuscular conditions in the South West. Sharon set up the South West Muscle Group to put pressure on the local NHS and has spoken to MPs and peers at Westminster. In 2009 Sharon’s dedication was rewarded when the South West NHS agreed to invest £1 million in consultants, Care Advisors and specialist physiotherapists.

**Young Person’s Award**

**Jagdeep Kaur Sehmbi** is 26; she has limb-girdle muscular dystrophy and works as a freelance web and design artist. **Sulaiman Khan** is 24 and has congenital muscular dystrophy. He is at the University for the Creative Arts studying Advertising. Both are regional *Trailblazers* ambassadors and have thrown themselves into engaging other young people in our campaigns work; utilising different media to shout about our investigations. They both write a weekly column called *Accessibites*, which gives an insight into the challenges facing young people with muscular dystrophy.

**Volunteer of the Year**

Trainee nurse **Nicola Geraghty** has two nephews with Duchenne muscular dystrophy who she visits daily to help with their care, despite working long hours. Nicola also fundraises and campaigns for the charity, completing many events. She is now running a very active fundraising group of 20 people in Manchester.

**Support Group of the Year**

**Paul and Julie Hussey’s** eight-year-old son, Luke, was diagnosed with Duchenne muscular dystrophy four years ago, which is when they set up the *Medway Branch* in Kent. The first event they organised raised an amazing £20,000 and they have now helped to set up the Medway Town and Gown 10k run which raised over £10,000.

**Inspiring Person of the Year**

**Gordon McClurg** is 30 and has Duchenne muscular dystrophy. After earning a degree in Business Studies from the University of Northumbria, he started his own business to help people with similar conditions to achieve their full potential in life. Gordon is also active in aiding research into Duchenne muscular dystrophy through the Centre for Life in Newcastle.
Family Fundraisers of the Year

The Henderson family have been involved in fundraising for the Muscular Dystrophy Campaign since 2004 when Bernie and his daughter, Louise, ran the London Marathon. Just weeks later, Louise’s nephew was diagnosed with Duchenne muscular dystrophy, tragically passing away in 2008. Since 2005 Bernie and Louise have run eight marathons between them, raising over £18,000. Last year four of the Henderson clan ran in the London Marathon and 10 took part in the Great North Run.

Lifetime Contribution Award

David Jackson MBE was inspired to support the Muscular Dystrophy Campaign 44 years ago, setting up the Redbridge Branch in 1965 and a second branch in Brentwood in 1974 with wife Anne. A fantastic ambassador for the Muscular Dystrophy Campaign, David is the chair of the Joseph Patrick Trust panel and has been a strong, guiding influence, allowing the charity to award £3 million to help more than 5,000 children and adults get the specialist equipment they need. In recognition of his contribution to the work of the charity, David was awarded an MBE in 2009.

Media Spokesperson of the Year

Sarah Thompson and her five-year-old son Bradley Addison, who was diagnosed with Duchenne muscular dystrophy when he was three years old, have been heavily involved in our Tesco Charity of the Year partnership. Bradley’s drawing of a summer playground scene was used as a Tesco Gift Card that was sold in stores around the UK. To promote the card, Sarah and Bradley took part in a press launch and gave an interview to the Sunday Express magazine. Their story formed our Christmas fundraising appeal to donors and Bradley has starred in our latest poster campaign.

Individual Fundraiser of the Year

Lenka Novakova’s fundraising challenge was motivated by three close members of her family who are all affected by muscle disease. In 2009, despite being a novice mountaineer she decided to climb the Matterhorn solo, the 14,692ft peak in the Swiss Alps.
Get involved

There are hundreds of ways you can get involved with the Muscular Dystrophy Campaign – **together we’re stronger.**

Set yourself a challenge

Join the fight against muscle disease by taking part in one of our many fundraising events. Contact the events team on **020 7803 4828** or email **events@muscular-dystrophy.org**

Will power

Legacies are a significant source of income for us. After your family and friends, please remember the Muscular Dystrophy Campaign when writing or amending your Will. For more information, please call **020 7803 4834** or email **legacies@muscular-dystrophy.org**

Volunteering

If you have some time to spare, support us in your area and help raise awareness and funds for the Muscular Dystrophy Campaign by calling us on **0845 8729 058** or email **volunteerfundraising@muscular-dystrophy.org**

Branching out

The Muscular Dystrophy Campaign has 58 Branches around the country. Join any Branch and you will benefit from the support and advice of others living with muscle disease. If you are interested in joining or setting up a Branch, please call us on **0845 8729 058** or email **volunteerfundraising@muscular-dystrophy.org**

Pass it on

Just one contact in a trust or company can reap huge rewards. If you know an organisation that could support the charity please contact the fundraising team on **020 7803 4816** or email **majorgifts@muscular-dystrophy.org**

Speaking out

Personal testimonies about living with muscle disease make television and press reports much more compelling. If you would like to be a communications ambassador please contact the Press Office on **020 7803 4844** or email **press@muscular-dystrophy.org**

Muscle heroes

Become a fundraising muscle hero by getting your company to raise money. To order a supersonic fundraising pack, please call **020 7803 4810** or email **corporate@muscular-dystrophy.org**

FUNdraising

Be creative, have fun and help raise money. The possibilities are endless; let your imagination run wild. You could organise your own Question of Support quiz night, Come Dine With Us event or if you have an idea of your own we will help make it a reality. For more information call our fundraising hotline on **0845 8729 058** or email **volunteerfundraising@muscular-dystrophy.org**
Sharing information

Our Support Services team is here to answer your questions about muscle disease. Call them on 0800 652 6352 (freephone) or email info@muscular-dystrophy.org

Show your support

Demonstrate your support by joining the Muscular Dystrophy Campaign. You will receive an information pack, our monthly e-newsletter and Campaign magazine all for free, and be invited to subscribe to our flagship publication Target MD. Call us on 020 7803 4800, email info@muscular-dystrophy.org or write to us at 61 Southwark Street, London SE1 0HL.

Your local Muscle Group

Meet local patients and their families, and join the fight to improve access to specialist neuromuscular services in your local area. Call 020 7803 2853 or email campaigns@muscular-dystrophy.org

For young people...
People aged 16 to 30 years old can join Trailblazers to highlight issues that affect them and secure better services for people with muscle disease. This project is part funded by involved the youth volunteering charity. Contact the campaigns team on 020 7803 4807 or email trailblazers@muscular-dystrophy.org

For people with limb girdle muscular dystrophy...
Join our Limb Girdle Muscular Dystrophy Network. Members receive regular newsletters and priority invites to information days. Email info@muscular-dystrophy.org for further details.

For professionals...
Join our Physiotherapy, Occupational Therapy or Schools’ Networks – designed to help professionals share best practice. To join or find out more about these networks, call 0800 652 6352 (freephone) or email info@muscular-dystrophy.org

Find out more at www.muscular-dystrophy.org
We had a successful year in fulfilling our charitable objectives in a very difficult economic climate. The total resources expended were £9,924,624. These expenditures were funded through fundraising efforts and Tesco Charity of the Year Partnership, with total incoming resources of £9,258,763. The remainder of £665,861 being funded by Reserves.

The Charity's Investments performed much better this year with gains greater than losses of the previous year and thus boosting the Reserves.

The total surplus for the year was £126,139.
Financial statements

Year ended 31 March 2010

Muscular Dystrophy Group of Great Britain and Northern Ireland
Operating as the Muscular Dystrophy Campaign (MDC)
(a Company limited by guarantee 705357, a Registered Charity 205395 and Registered as a Charity in Scotland SC039445)

Report of the Board of Trustees
1 April 2009 – 31 March 2010

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Financial statements 40
1. What the Muscular Dystrophy Campaign does – core purpose and activities

a) Vision: A world without muscle disease

b) Mission: To lead the fight against muscle disease.

c) Charitable Purpose: To improve the lives of people living with muscle disease.

d) Objects of the Muscular Dystrophy Campaign for the Public Benefit: the charity is established for the relief of persons with Muscular Dystrophy and allied neuromuscular conditions in particular, but not exclusively, by the promotion of research into the causes, prevention and cure of such conditions, the dissemination of the results of the research for the benefit of the public and the provision of care.

e) Public Benefit: the Charity Trustees consider that they have complied with their duty in section 4 of the Charities Act 2006 to have due regard to public benefit guidance published by the Charities Commission and that the benefits that the charity provides are not unreasonably restricted.

f) Significant activities this year:

Partnerships

i. We provided effective management and support to our successful partnership with Tesco as their ‘Charity of the Year’ for 2009/10. We were involved in hundreds of events and activities across the UK and the partnership proved to be one of the most successful in our history. We received £3,300,000 in 2009/10 through this partnership and there will be some further funds to be received in 2010/11. The use of the funds is restricted to the purchase of wheelchairs and equipment for children and we have been able to help hundreds of children thanks to the outstanding success of the Tesco partnership.

Campaigns

ii. Launched the Walton Report in August 2009 following a Parliamentary Inquiry through the All Party Parliamentary Group for Muscular Dystrophy which highlighted gaps and weaknesses in NHS services.

iii. Led NHS West Midlands to develop £1.2m development plan for neuromuscular services with first phase of £400,000 to be released for new NHS posts in 2010/11.

iv. Formed active Muscle Groups of supporters pressing for better NHS services throughout the country, alongside the Trailblazers, our award-winning young campaigners’ groups.

v. Successful campaigning secured an increase in the number of Care Advisor posts to 23, all of whom will be fully funded by the NHS, from April 2011.

vi. Secured important commitment from the EU that neuromuscular research will continue to be supported in the future.

vii. Advocated on behalf of 45 children and adults to ensure their rights for adequate service provision.

Research

ix. Managed 22 active research projects covering 15 different neuromuscular conditions at a total investment of £927,318, with three new research projects and three new PhD studentships awarded.

x. Extended research information through publishing 2nd edition of Target Research, providing regular weekly research news updates and also improving the format of the clinic trials’ database – a unique resource that holds information about international clinical studies.
xi. Organised the third Neuromuscular Translational Research Conference in partnership with the MRC Centre for Neuromuscular Disease and also organised on behalf of TREAT-NMD the ‘First Russian Spring School’ in St Petersburg for clinicians and professionals.

xii. Grew involvement of our families and supporters into research communication and introduced a lay panel that takes an active part into making decisions about funding research.

Care, support and NHS investment

xiii. Launched three key publications - *Transition Guidelines*, *Becoming an Adult and Transition for Young Men with Muscular Dystrophy*.

xiv. Delivered 10,420 requests for literature and 3,392 requests for the telephone and email support

xv. Supported 84 adults with specialist equipment grants through the Joseph Patrick Trust and fully funded equipment for young people through our Tesco Partnership.

xvi. Supported 192 adults through 10 one-day self-management events, delivered two Family Weekends and two Adult Information days

xvii. Grown professional networks to over 1,900 members, delivered two schools network training days and three DMD Education Training Days for professionals

xviii. Invested £850,000 in the NHS through muscle centre grants and Care Advisors and increased the number of Care Advisor posts to 23, all of whom will be fully funded by the NHS from April 2011.

xix. Established the National Neuromuscular database (formerly NorthStar Database) to include multiple disease-specific databases to aid research.

NeuroMuscular Centre

xx. Increased the number of patients at the NMC by 10 percent and saw them for assessment, on average, within two weeks of referral.

xxi. NMC Design + Print is our award-winning social enterprise which continued to exceed targets while providing valuable employment.

xxii. Continued to develop our plans for a second NMC with a focus on sustainable income to underpin the proposed centre.

Communications

xxiii. Launched a new website and set of microsites with higher visitor numbers and length of stay and enhanced press and media profile.

2. Achievements and performance

a. The charity has had a very demanding year generating unrestricted income in a period of unprecedented economic instability. While the Tesco ‘Charity of the Year’ partnership raised a hugely impressive £3,300,00 in 2009/10 these funds were restricted to the purchase of wheelchairs and equipment for children. We have therefore maintained vital services during 2009/10 by investment from reserves and there is a continuing review of all services and activities in the light of current income and future projections.

b. Each year the charity sets open and transparent objectives for service outcomes in research, care, the NMC and campaigning. Our achievements this year against objectives set are shown on pages 35-54.

c. Our future objectives for 2010/11 are set out in Section 3.
3. Future plans

a. The Muscular Dystrophy Campaign continues to focus on five areas for which internal performance indicators have been set to enable performance to be effectively monitored and evaluated.

i. Supporting ground-breaking research into cures and treatments and communicating progress to all those with an interest in muscle disease.

ii. Providing support services to families.

iii. Investing in developing specialist NHS services.

iv. Operating a successful social enterprise, the NMC, providing employment, physiotherapy and training to individuals with muscle disease.

v. Leading campaigns to grow clinical and social care services for people living with muscle disease.
Objectives – 2010/11

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<tr>
<th>Strategic focus</th>
<th>Workstream</th>
<th>Annual objectives</th>
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<tr>
<td><strong>DIRECT IMPACT ON FAMILIES</strong></td>
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<td></td>
<td>Self-management and self-care</td>
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<td><strong>1. To empower those living with muscle disease</strong></td>
<td>1. Living with md:</td>
<td>a) Provide the opportunity for adults with muscle disease, living outside London, to attend self-management courses b) Support new projects to develop NMC centres in North East and West Midlands</td>
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<td>2. Events:</td>
<td>a) Run Information Days and National and Scottish Conferences b) Work closely with partner charities c) Enable individuals and families to provide peer to peer support for each other</td>
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<td>3. Welfare Grants:</td>
<td>a) Manage JPT Budget to support individuals b) Support Campaigns wheelchair provision work to obtain greater financial input from Health authorities and Wheelchair Services</td>
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<td>4. New Family Recruitment:</td>
<td>With a particular emphasis on parents and children, continue to build relationships over the next five years.</td>
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<td>Clinical &amp; care services</td>
<td>Clinical research:</td>
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<td>1. implement new strategy to develop clinical research and training</td>
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<td>Best practice development</td>
<td>1. Publications: a) Ensure Duchenne 'Standards of Care' document widely distributed and used to enhance services urgently b) Promote Transition Guidelines and Adult Self-Management to families and professionals</td>
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<td>2. Professional Networks: a) Continue to grow professional networks for physios, OTs and schools b) Run professional training days for networks</td>
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<td>3. National Neuromuscular Database: Expand the natural history databases to include adult conditions</td>
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<td>NeuroMuscular Centre (NMC)</td>
<td>1. Physiotherapy a) Create a successful NMC physiotherapy social enterprise. b) Achieve full cost recovery for physiotherapy service.</td>
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<td>2. Home workers Consolidate the team of home workers into a successful productive part of NMC Design+Print.</td>
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<td>3. NMC North East and NMC West Midlands Continue to develop the project in Newcastle – target for this year is to launch services including physiotherapy and training – and also support new project in West Midlands</td>
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<td>4. Self-advocacy and support a) Launch new user-led Advocacy service b) Successfully roll out ‘New Options’ programme offering supported moves nearer to employment for at least 30 service users</td>
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<tr>
<td><strong>INDIRECT IMPACT ON FAMILIES</strong></td>
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<td><strong>Pursuit of knowledge</strong></td>
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<td>Scientific and clinical research</td>
<td>1. Grants programme: a) Continue to award grants into basic and clinical research b) Award PhD studentships c) Award travel grants d) Develop partnerships with governmental bodies and other charities to fund research</td>
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<td></td>
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<td>2a) Provide platforms for scientists to share knowledge and to collaborate b) Organise a national scientific conference c) Collaborate internationally with charitable organisations (ENMC and Condition Specific Support Groups)</td>
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<td>3. Research communications: a) Grow online content b) Grow offline materials c) Improve and grow clinical trial database</td>
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<td>4. Involve service users in research communications and research decision-making</td>
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<td><strong>Communications, policy and campaigning</strong></td>
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<td>Policy, campaigning &amp; education</td>
<td>1. Build parliamentary support for our campaigns to ensure access to specialist services at national and regional levels.</td>
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<td>2. Ensure NHS commissioners provide access to specialised services at national and regional levels for all people living with muscle disease.</td>
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<td>3. Involve people living with muscle disease in all campaigns, including young campaigners, and ensure their voice is heard.</td>
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<td>4. Advocacy: provide support to individuals and families in need, also influence research policy in EU and UK.</td>
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4. Financial review

a. Reserves policy

i. It is considered that the charity should hold free reserves to provide sufficient protection to cover core costs including salaries and central overheads to meet its forward commitments should it suffer an immediate or unforeseen drop in income. Due to the extreme fundraising, investment and legacy environments over the past 12 months reserves are currently sufficient to provide cover for some three months. While the immediate economic outlook remains extremely demanding, it is intended that reserves will be built up over the next few years to provide six months cover for core costs including salaries and central overheads to meet its forward commitments.

b. Investment policy

ii. The overall objectives are to create sufficient income and capital growth to enable the charity to carry out its purposes consistently year by year with due and proper consideration for future needs and the maintenance of and, if possible, enhancement of the value of the invested funds while they are retained. Both capital and income may be used at any time for the furtherance of the charity’s aims.

iii. The objectives are to be achieved by investing prudently in a broad range of fixed interest securities and equities which are quoted on a Recognised Investment Exchange and unit trusts and OEICs (open ended investment companies) which are authorised under the Financial Services and Markets Act 2000.

iv. There should be no direct investment in the following: derivative contracts including futures and options; commodities and derivatives thereof; contracts for differences; hedge funds; structured products.

v. Ethical considerations: It has been decided not to invest in tobacco manufacture and distribution. Trustees reserve the right to exclude companies or industry sectors that carry out activities contrary to the aims of the charity or from holding particular investments which damage the charity’s reputation. Trustees expect the fund manager to have considered the suitability of investments of the same kind as any particular investment proposed to be made or retained.

5. Structure, governance and management

a. Governing document: The Muscular Dystrophy Group of Great Britain and Northern Ireland, operating as the Muscular Dystrophy Campaign, is a company limited by guarantee governed by its Memorandum and Articles of Association dated 2 September 1961 and as amended on 24 October 2007 to allow for current arrangements and charity law best practice. The Muscular Dystrophy Campaign is registered as a charity with the Charity Commission and the Office of the Scottish Charity Regulator and anybody over the age of 18 who supports and promotes the objects of the charity can become a member. The Muscular Dystrophy Campaign has a wholly owned trading subsidiary, Muscular Dystrophy Group (Trading) Ltd.

b. Appointment of trustees: The Muscular Dystrophy Campaign has between 7 and 17 elected trustees. The selection, appointment, retirement and duties of trustees are described in detail in the Memorandum and Articles of Association (article 29-44 et al).

c. Trustee induction and training: New trustees receive an induction pack of documents and attend a briefing day that covers the Muscular Dystrophy Campaign’s Memorandum and Articles of Association, their duties as trustees under charity law, the Muscular Dystrophy Campaign’s operating plans, recent financial performance and organisational structure. During the induction day and over time they meet and form working relationships with staff.

d. Organisation: The Board of Trustees is ultimately responsible for the management of the Muscular Dystrophy Campaign. The Board meets quarterly and there are sub-committees covering key areas of activity – research (Medical Research Committee, MRC), care (Clinical Research and Care Committee, CRCC), finance (Finance and General Purposes, F&GP) and appointments (Appointments Committee). A Chief Executive, with delegated authority, is appointed by and accountable to the trustees
for managing the day-to-day operations of the Muscular Dystrophy Campaign and the delivery of operational plans.

e. Members: The Muscular Dystrophy Campaign has a body of around 200 shareholders who carefully monitor the charity’s progress. They are volunteers drawn from the various stakeholders that the charity represents; individuals, families, scientists, doctors, MPs, Lords and others. Trustees are members. If you are keen on following our work and would be interested in becoming a member, please contact the charity.

f. Related parties:

i. The Joseph Patrick Trust (JPT, an unincorporated charitable committee, registered charity number 294475) is the welfare arm of the Muscular Dystrophy Campaign which is its sole corporate trustee. Constituted on 30 April 1986 it provides direct financial assistance in the form of welfare grants to families living with muscle disease throughout the UK. The JPT receives most of its income from the Muscular Dystrophy Campaign and from its own investments.

ii. The NeuroMuscular Centre (NMC, company number 2806607, registered charity number 1023606), incorporated on 1 April 1990 as a company limited by guarantee and controlled by the Muscular Dystrophy Campaign, which is its sole corporate trustee, provides employment, support, training and physiotherapy to people affected by muscle disease. Day-to-day management of the NMC rests with its management committee led by its Chief Executive. The NMC has a wholly owned trading subsidiary, NMC Trading Limited.

iii. The Muscular Dystrophy Campaign maintains extremely close working relationships with partner charities who assist people living with muscle disease and related muscle diseases.

g. Risk management:

i. The trustees have a comprehensive risk management strategy based upon a detailed risk register which is subject to constant scrutiny and regular review.

ii. Key components include a robust reserves policy and a plan for managing reputational risk. Risks are reviewed against the strategic aims of the organisation and are evaluated against controls in place. Action plans to deal with the net risks are to provide assurance of mitigation.

iii. Primary risks:

1. Downturn in income.
2. Loss of key data – financial, marketing and operational.
3. Reputational damage.
4. Loss of key personnel.

6. Provision of information to auditors

a. Each person who is a director at the date of approval of this report confirms that:

i. So far as the director is aware there is no relevant audit information of which the company’s auditors are unaware; and

ii. The director has taken all the steps that he/she ought to have taken as a director in order to make himself/herself aware of any relevant audit information and to establish that the company’s auditors are aware of that information.

b. This confirmation is given and should be interpreted in accordance with the provisions of s234ZA of the Companies Act 2006

Martín Bobrow

By order of the Board of Trustees
Professor Martin Bobrow CBE, Chairman
29 July 2010
Statement of trustees’ responsibilities

The trustees, as the directors, are responsible for preparing the annual report and the financial statements. The trustees have chosen to prepare accounts for the Company in accordance with United Kingdom Generally Accepted Accounting Practice (UK GAAP). Company law requires the trustees to prepare such financial statements for each financial year which give a true and fair view of the state of affairs of the Company and the Group and of the result of the Group for that period and comply with UK GAAP and the Companies Act 2006. In preparing these financial statements, the trustees are required to:

- select suitable accounting policies and then apply them consistently;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable accounting standards have been followed, and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the company will continue in business.

The trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the Company, for safeguarding the assets, for taking reasonable steps for the prevention and detection of fraud and other irregularities and for the preparation of a trustees’ report which comply with the requirements of the Companies Act 2006.

So far as each of the trustees are aware, there is no relevant audit information of which the charity’s auditors are unaware. The trustees have each taken all the steps that we ought to have taken as trustees in order to make ourselves aware of any relevant audit information and to establish that the charitable company’s auditors are aware of that information.

Independent Auditors’ Report to the Members of the Muscular Dystrophy Campaign

We have audited the group and parent company financial statements of the Muscular Dystrophy Campaign for the year ended 31 March 2010 which comprise the Consolidated Statement of Financial Activities, the Consolidated and Parent Company Balance Sheets, the Consolidated Cash Flow Statement and the related notes numbered 1 to 12. These financial statements have been prepared in accordance with the accounting policies set out therein.

This report is made solely to the charitable company’s members, as a body, in accordance with Chapter 3 of Part 16 of the Companies Act 2006 and to the charity’s trustees, as a body, in accordance with section 44(1)(c) of the Charities and Trustee Investment (Scotland) Act 2005. Our audit work has been undertaken so that we might state to the charitable company’s members those matters we are required to state to them in an auditor’s report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the charitable company and the company’s members as a body, for our audit work, for this report, or for the opinions we have formed.

Respective responsibilities of trustee and auditors

The trustees’ (who are also the directors of the Muscular Dystrophy Campaign for the purpose of company law) responsibilities for preparing the Annual Report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice) and for being satisfied that the financial statements give a true and fair view are set out in the Statement of Trustees’ Responsibilities.

We have been appointed auditors under the Companies Act 2006 and under section 44(1)(c) of the Charities and Trustee Investment (Scotland) Act 2005 and report to you in accordance with those Acts.

Our responsibility is to audit the financial statements in accordance with relevant legal and regulatory requirements and International Standards on Auditing (United Kingdom and Ireland).
We report to you our opinion as to whether the financial statements give a true and fair view and are properly prepared in accordance with United Kingdom Generally Accepted Accounting Practice and have been prepared in accordance with the Companies Act 2006, the Charities and Trustee Investment (Scotland) Act 2005 and regulations 6 and 8 of the Charities Accounts (Scotland) Regulations 2006. We also report to you if in our opinion the information given in the Trustees’ Annual Report is not consistent with the financial statements.

In addition, we report to you if, in our opinion, the charitable company has not kept adequate accounting records, if the charity’s financial statements are not in agreement with those records, if we have not received all the information and explanations we require for our audit or if certain disclosures of trustees’ remuneration specified by law are not made.

We read the Trustees’ Annual Report and consider the implications for our report if we become aware of any apparent misstatements within it. Our responsibilities do not extend to other information.

Basis of opinion

We conducted our audit in accordance with International Standards on Auditing (United Kingdom and Ireland) issued by the Auditing Practices Board. An audit includes examination, on a test basis, of evidence relevant to the amounts and disclosures in the financial statements. It also includes an assessment of the significant estimates and judgments made by the trustees in the preparation of the financial statements, and of whether the accounting policies are appropriate to the charitable company’s circumstances, consistently applied and adequately disclosed.

We planned and performed our audit so as to obtain all the information and explanations which we considered necessary in order to provide us with sufficient evidence to give reasonable assurance that the financial statements are free from material misstatement, whether caused by fraud or other irregularity or error. In forming our opinion we also evaluated the overall adequacy of the presentation of information in the financial statements.
Consolidated statement of financial activities for the year ended 31 March 2010

(including the income and expenditure account)

<table>
<thead>
<tr>
<th>Notes</th>
<th>Unrestricted Funds £000</th>
<th>Restricted Funds £000</th>
<th>Total 2009/10 £000</th>
<th>Total 2008/09 £000</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Incoming Resources</strong></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td><strong>Voluntary Income</strong></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Donations</td>
<td>1,403</td>
<td>920</td>
<td>2,323</td>
<td>2,744</td>
</tr>
<tr>
<td>Tesco donations</td>
<td>-</td>
<td>3,309</td>
<td>3,309</td>
<td>-</td>
</tr>
<tr>
<td>Government grants</td>
<td>251</td>
<td>-</td>
<td>251</td>
<td>149</td>
</tr>
<tr>
<td>Legacies</td>
<td>1,400</td>
<td>-</td>
<td>1,400</td>
<td>1,688</td>
</tr>
<tr>
<td><strong>Activities to generate funds</strong></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>1,444</td>
<td>-</td>
<td>1,444</td>
<td>1,431</td>
</tr>
<tr>
<td>Investment income</td>
<td>7</td>
<td>92</td>
<td>37</td>
<td>129</td>
</tr>
<tr>
<td>Charitable activities</td>
<td>412</td>
<td>-</td>
<td>412</td>
<td>271</td>
</tr>
<tr>
<td><strong>Other incoming resources</strong></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Gain in disposal of other fixed assets</td>
<td>(10)</td>
<td>-</td>
<td>(10)</td>
<td>2</td>
</tr>
<tr>
<td><strong>Total Incoming Resources</strong></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>4,992</td>
<td>4,266</td>
<td>9,258</td>
<td>6,469</td>
</tr>
<tr>
<td><strong>Resources Expended</strong></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td><strong>Costs of generating voluntary income</strong></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Fundraising</td>
<td>2</td>
<td>1,023</td>
<td>-</td>
<td>1,023</td>
</tr>
<tr>
<td>Tesco</td>
<td>2</td>
<td>-</td>
<td>883</td>
<td>883</td>
</tr>
<tr>
<td><strong>Cost of activities to generate funds</strong></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>2</td>
<td>1,701</td>
<td>-</td>
<td>1,701</td>
</tr>
<tr>
<td></td>
<td></td>
<td>2,724</td>
<td>883</td>
<td>3,607</td>
</tr>
<tr>
<td><strong>Charitable Activities</strong></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Provision of care</td>
<td>2</td>
<td>1,456</td>
<td>402</td>
<td>1,858</td>
</tr>
<tr>
<td>Tesco care</td>
<td>2</td>
<td>-</td>
<td>2,426</td>
<td>2,426</td>
</tr>
<tr>
<td>Pursuit of knowledge</td>
<td>2</td>
<td>976</td>
<td>331</td>
<td>1,307</td>
</tr>
<tr>
<td>Communication</td>
<td>2</td>
<td>363</td>
<td>-</td>
<td>363</td>
</tr>
<tr>
<td>Policy, education &amp; campaigning</td>
<td>2</td>
<td>192</td>
<td>139</td>
<td>331</td>
</tr>
<tr>
<td><strong>Total</strong></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>2,987</td>
<td>3,298</td>
<td>6,285</td>
<td>4,658</td>
</tr>
<tr>
<td>Governance costs</td>
<td>2</td>
<td>-</td>
<td>32</td>
<td>25</td>
</tr>
<tr>
<td><strong>Total Resources Expended</strong></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>5,743</td>
<td>4,181</td>
<td>9,924</td>
<td>7,230</td>
</tr>
<tr>
<td><strong>Net Incoming Resources Before Transfers</strong></td>
<td></td>
<td></td>
<td>(751)</td>
<td>(666)</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td>85</td>
<td>(761)</td>
</tr>
<tr>
<td>Transfers between funds</td>
<td>-</td>
<td>-</td>
<td>-</td>
<td>-</td>
</tr>
<tr>
<td><strong>Net Incoming/(Outgoing) Resources</strong></td>
<td></td>
<td></td>
<td>(751)</td>
<td>(666)</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td>85</td>
<td>(761)</td>
</tr>
<tr>
<td><strong>Other Recognised Gains/Losses</strong></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Gains/(Losses) on Investment Assets</td>
<td>7</td>
<td>746</td>
<td>46</td>
<td>792</td>
</tr>
<tr>
<td><strong>Net Movement in Funds</strong></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>(5)</td>
<td>131</td>
<td>126</td>
<td>(1,362)</td>
</tr>
<tr>
<td>Total funds brought forward</td>
<td>11</td>
<td>1,017</td>
<td>1,621</td>
<td>2,638</td>
</tr>
<tr>
<td>Total funds carried forward</td>
<td>11</td>
<td>1,012</td>
<td>1,752</td>
<td>2,764</td>
</tr>
</tbody>
</table>

All income and expenditure derive from continuing operations. There are no recognised gains or losses other than those disclosed above. Accordingly a Statement of Recognised Gains and Losses has not been prepared.
### Consolidated balance sheet at 31 March 2010

<table>
<thead>
<tr>
<th></th>
<th>Notes</th>
<th>Group 2010 £000</th>
<th>Group 2009 £000</th>
<th>Company 2010 £000</th>
<th>Company 2009 £000</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Fixed Assets</strong></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Tangible Assets</td>
<td>6</td>
<td>232</td>
<td>387</td>
<td>139</td>
<td>283</td>
</tr>
<tr>
<td>Investments</td>
<td>7</td>
<td>3,293</td>
<td>2,519</td>
<td>3,293</td>
<td>2,519</td>
</tr>
<tr>
<td>Total Fixed Assets</td>
<td></td>
<td>3,525</td>
<td>2,906</td>
<td>3,432</td>
<td>2,802</td>
</tr>
<tr>
<td><strong>Current Assets</strong></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Debtors</td>
<td>9</td>
<td>400</td>
<td>707</td>
<td>629</td>
<td>977</td>
</tr>
<tr>
<td>Cash at bank and in hand</td>
<td></td>
<td>2,345</td>
<td>1,753</td>
<td>2,234</td>
<td>1,713</td>
</tr>
<tr>
<td>Total Current Assets</td>
<td></td>
<td>2,745</td>
<td>2,460</td>
<td>2,863</td>
<td>2,690</td>
</tr>
<tr>
<td><strong>Creditors falling due within one year</strong></td>
<td>10</td>
<td>(3,506)</td>
<td>(2,728)</td>
<td>(3,447)</td>
<td>(2,692)</td>
</tr>
<tr>
<td><strong>Net Current Assets/(Liabilities)</strong></td>
<td></td>
<td>(761)</td>
<td>(268)</td>
<td>(584)</td>
<td>(2)</td>
</tr>
<tr>
<td><strong>Net Assets</strong></td>
<td></td>
<td>2,764</td>
<td>2,638</td>
<td>2,848</td>
<td>2,800</td>
</tr>
<tr>
<td><strong>Funds</strong></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Unrestricted</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>– Designated</td>
<td></td>
<td>150</td>
<td>235</td>
<td>139</td>
<td>283</td>
</tr>
<tr>
<td>– General</td>
<td></td>
<td>862</td>
<td>782</td>
<td>995</td>
<td>967</td>
</tr>
<tr>
<td>Restricted</td>
<td></td>
<td>1,012</td>
<td>1,017</td>
<td>1,134</td>
<td>1,250</td>
</tr>
<tr>
<td>Total Funds</td>
<td></td>
<td>2,764</td>
<td>2,638</td>
<td>2,848</td>
<td>2,800</td>
</tr>
</tbody>
</table>

Approved by the Board of Trustees on 29 July 2010 and signed on its behalf by:

**Martin Bobrow**

Professor Martin Bobrow CBE, Chairman
Consolidated cashflow statement for the year ended 31 March 2010

<table>
<thead>
<tr>
<th>Net Cash inflow from operating activities (note a)</th>
<th>2009/10 £000</th>
<th>2008/09 £000</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>607</td>
<td>(1,117)</td>
</tr>
</tbody>
</table>

### Capital Expenditure and Financial Investment

<table>
<thead>
<tr>
<th>Purchase of tangible Fixed Assets</th>
<th>2009/10 £000</th>
<th>2008/09 £000</th>
</tr>
</thead>
<tbody>
<tr>
<td>Purchase of tangible Fixed Assets</td>
<td>(53)</td>
<td>(167)</td>
</tr>
<tr>
<td>Proceeds from sale of tangible Fixed Assets</td>
<td>20</td>
<td>2</td>
</tr>
<tr>
<td>Net Investment Additions</td>
<td>18</td>
<td>868</td>
</tr>
<tr>
<td>Net cash outflow from capital expenditure and financial investment</td>
<td>(15)</td>
<td>703</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Increase in Cash</th>
<th>2009/10 £000</th>
<th>2008/09 £000</th>
</tr>
</thead>
<tbody>
<tr>
<td>Increase in Cash</td>
<td>592</td>
<td>(414)</td>
</tr>
</tbody>
</table>

Reconciliation of net cash inflow to movement in net funds (note b)

<table>
<thead>
<tr>
<th>Increase in Cash</th>
<th>2009/10 £000</th>
<th>2008/09 £000</th>
</tr>
</thead>
<tbody>
<tr>
<td>Net Funds at 1 April 2009</td>
<td>1,753</td>
<td>2,167</td>
</tr>
<tr>
<td>Net Funds at 31 March 2010</td>
<td>2,345</td>
<td>1,753</td>
</tr>
</tbody>
</table>

Notes to cash flow statement

(a) Reconciliation of net incoming resources to net cash inflow from operating activities

<table>
<thead>
<tr>
<th>Net Incoming Resources</th>
<th>2009/10 £000</th>
<th>2008/09 £000</th>
</tr>
</thead>
<tbody>
<tr>
<td>Gain on disposal of Fixed Assets</td>
<td>(666)</td>
<td>(761)</td>
</tr>
<tr>
<td>Depreciation</td>
<td>10</td>
<td>(2)</td>
</tr>
<tr>
<td>(Increase)/decrease in debtors</td>
<td>178</td>
<td>182</td>
</tr>
<tr>
<td>(Decrease)/increase in creditors</td>
<td>307</td>
<td>(97)</td>
</tr>
<tr>
<td>Net Cash inflow from operating activities</td>
<td>607</td>
<td>(1,117)</td>
</tr>
</tbody>
</table>

(b) Analysis of changes in net funds

<table>
<thead>
<tr>
<th>Cash at bank and in hand at Head Office</th>
<th>1 Apr 2009 £000</th>
<th>Cashflow Movement £000</th>
<th>31 March 2010 £000</th>
</tr>
</thead>
<tbody>
<tr>
<td>Cash at bank and in hand at Branches</td>
<td>1,664</td>
<td>592</td>
<td>2,256</td>
</tr>
<tr>
<td></td>
<td>89</td>
<td>89</td>
<td>89</td>
</tr>
<tr>
<td></td>
<td>1,753</td>
<td>592</td>
<td>2,345</td>
</tr>
</tbody>
</table>
1. Accounting policies

Accounting convention
The financial statements have been prepared under the historical cost convention with the exception of investments which are included at market value. The financial statements have been prepared in accordance with the Statement of Recommended Practice - Accounting and Reporting by Charities (SORP 2005) issued in March 2005, applicable UK Accounting Standards and the Companies Act 2006. The principal accounting policies adopted in the preparation of the financial Statements are set out below.

Basis of consolidation
Subsidiary undertakings are fully consolidated and hence these financial statements are referred to as ‘consolidated financial statements’.
An unincorporated subsidiary charity (where the Muscular Dystrophy Campaign itself is the sole corporate Trustee) and non-autonomous branches are treated as part of the parent charity and are referred to as ‘company only’ financial statements. No Statement of Financial Activities (SOFA) is prepared for the Muscular Dystrophy Campaign only, as provided by the Companies Act 2006.

Income
Incoming resources are recognised in the SOFA when the effect of the transaction results in an increase in the charity’s assets. This will be dependent on three factors:
- Entitlement - when the Muscular Dystrophy Campaign has control over the rights to the resource, enabling it to determine its future application
- Certainty - when it is virtually certain that the incoming resource will be received
- Measurement – when the value can be measured with sufficient reliability

Income received for a specific purpose is treated as restricted funds.

Donations and other voluntary income are recognised on receipt or accrued as income as soon as it is practicable and prudent to do so.

Grants are not recognised as receivable until the conditions attached to the grant have been fulfilled. Grants receivable in respect of expenditure on fixed assets are treated as restricted funds.

Where income is received subject to donor imposed conditions that specify a future time period in which the expenditure should take place, such income is deferred and recognised as a liability. It is released as income in the accounting period in which Muscular Dystrophy Campaign is allowed to expend the resource.

Fee income from services provided as part of charitable activities and income from commercial trading activities is recognised as earned when the related goods and services are provided.

Investment income is recognised on a receivable basis.

Income from Branches is included based on the annual returns by Branches. These returns are independently examined locally in accordance with the Branch Constitution.

Legacies are taken into account when capable of financial measurement. In the case of a pecuniary legacy this is on notification, and in all other cases when received.

Net investment gains and losses for the year, both realised and unrealised, are disclosed in the Statement of Financial Activities under Investment Income and Gains and Losses on Investment Assets.

Expenditure
Expenditure is recognised when and to the extent a liability is incurred or increased without a commensurate increase in assets or a reduction in liability.

All expenditure is recognised on an accruals basis and includes irrecoverable VAT where appropriate.
Grants awarded are recognised as a liability when the Muscular Dystrophy Campaign is under a legal or constructive obligation to a third party.

Charitable expenditure includes all expenditure incurred in pursuance of the Muscular Dystrophy Campaign’s objectives. The costs of these activities are divided between grants and other direct costs, including staff and other items. In addition, support costs have been allocated to each activity on the basis of expenditure incurred.

**Taxation**
The Muscular Dystrophy Campaign, the Joseph Patrick Trust and the NeuroMuscular Centre are registered charities and as such are exempt from corporation and income tax on their income and gains to the extent they are applied for charitable objectives.

Muscular Dystrophy Group (Trading) Ltd donates by way of Gift Aid all profits to the parent Charity.

NMC Trading Ltd is subject to taxation on its taxable profits.

**Listed investments**
Listed investments are shown at the mid market value ruling at the date of the Balance Sheet and after taking into account any subsequent impairment in value. The Muscular Dystrophy Campaign has full discretion in its investment policy.

**Tangible fixed assets and depreciation**
Improvements to leasehold property are depreciated over the full length of the lease. Depreciation is provided on all other tangible fixed assets on a straight-line basis to write off the cost as follows:
- Leasehold premises: over length of lease
- Other assets: over four years

**Operating leases**
The charity provides for operating leases on property on an actual cost basis. Thus rent free periods on property are taken in the period to which they relate rather than be apportioned over the life of the operating lease itself. This policy is to offset the additional costs incurred by moving into new premises and reflects the inducement offered in that period by the landlord to let the property.

**Pensions**
The Muscular Dystrophy Campaign offers defined contributions to employees’ pension arrangements. This is to an employee’s portable scheme. The amount charged to the SOFA in respect of pension costs is the contributions payable within the year. Differences between contributions payable and contributions actually paid are shown as accruals in the balance sheet.
2. Resources expended

<table>
<thead>
<tr>
<th>Cost of Generating Funds</th>
<th>Direct Costs</th>
<th>Support Costs</th>
<th>Total 2009/10</th>
<th>Total 2008/09</th>
</tr>
</thead>
<tbody>
<tr>
<td>Voluntary income costs</td>
<td>-</td>
<td>900</td>
<td>123</td>
<td>1,023</td>
</tr>
<tr>
<td>Tesco funds</td>
<td>-</td>
<td>-</td>
<td>883</td>
<td>883</td>
</tr>
<tr>
<td>Generated income costs</td>
<td>-</td>
<td>1,496</td>
<td>205</td>
<td>1,701</td>
</tr>
<tr>
<td>Total</td>
<td>-</td>
<td>2,396</td>
<td>1,211</td>
<td>3,607</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Charitable Expenditure</th>
<th>Direct Costs</th>
<th>Support Costs</th>
<th>Total 2009/10</th>
<th>Total 2008/09</th>
</tr>
</thead>
<tbody>
<tr>
<td>Provision of Care</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Muscle Centres (70%)</td>
<td>648</td>
<td>15</td>
<td>112</td>
<td>775</td>
</tr>
<tr>
<td>Regional Care Advisors</td>
<td>-</td>
<td>308</td>
<td>52</td>
<td>360</td>
</tr>
<tr>
<td>Other Support Services</td>
<td>-</td>
<td>22</td>
<td>4</td>
<td>26</td>
</tr>
<tr>
<td>MD Community</td>
<td>-</td>
<td>80</td>
<td>14</td>
<td>94</td>
</tr>
<tr>
<td>Welfare Grants</td>
<td>60</td>
<td>19</td>
<td>13</td>
<td>92</td>
</tr>
<tr>
<td>Welfare Grants - Tesco</td>
<td>2,426</td>
<td>-</td>
<td></td>
<td>2,426</td>
</tr>
<tr>
<td>Training &amp; Physiotherapy</td>
<td>-</td>
<td>437</td>
<td>74</td>
<td>511</td>
</tr>
<tr>
<td>Volunteer Co-ordination</td>
<td>-</td>
<td>-</td>
<td></td>
<td>-</td>
</tr>
<tr>
<td>Total</td>
<td>3,134</td>
<td>881</td>
<td>269</td>
<td>4,284</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Pursuit of Knowledge</th>
<th>Direct Costs</th>
<th>Support Costs</th>
<th>Total 2009/10</th>
<th>Total 2008/09</th>
</tr>
</thead>
<tbody>
<tr>
<td>Medical Research</td>
<td>853</td>
<td>18</td>
<td>158</td>
<td>1,029</td>
</tr>
<tr>
<td>Muscle Centres (30%)</td>
<td>278</td>
<td>-</td>
<td></td>
<td>278</td>
</tr>
<tr>
<td>Total</td>
<td>1,131</td>
<td>18</td>
<td>158</td>
<td>1,307</td>
</tr>
</tbody>
</table>

| Communication             | -            | 319           | 44            | 363           | 607           |
| Education & Campaigning   | -            | 291           | 40            | 331           | 316           |
| Total Charitable Expenditure | 4,265     | 1,509         | 511           | 6,285         | 4,658         |

Governance Costs | - | 32 | 32 | 25 |

Total Expenditure | 4,265 | 3,937 | 1,722 | 9,924 | 7,320 |

- ‘Direct Costs’ include all costs incurred in delivering the relevant activity.
- ‘Support Costs’ comprise the costs of the Chief Executive’s office, Finance, IT and Support Services Directorate and the Company Secretary as well Head Office property rental costs and other central overheads. These costs have been allocated across the activities on the basis of expenditure incurred for each of the activities.
- ‘Training & Physiotherapy’ includes activities undertaken by the NeuroMuscular Centre.
Notes to the financial statements for the year ended 31 March 2010

- ‘Welfare Grants’ includes grants made through the Joseph Patrick Trust to individuals.
- ‘Muscle Centres’ costs are apportioned to reflect an allocation between Research and Care. In keeping with the policy of recognition of liability on the basis of grants committed and communicated to the recipients, the amount charged in the year covers the grant round that took place in 2009/10 and also includes committed spend for 2010/11.
- ‘Governance’ costs include audit fees of £30,624 (2008/09 £24,715).

Four trustees received reimbursement of their expenses incurred in travelling to attend the Muscular Dystrophy Campaign’s business (2008/09: 10). No Trustee received any remuneration during the year.

3. Disclosure information

<table>
<thead>
<tr>
<th>Remuneration of Staff</th>
<th>2009/10 £000</th>
<th>2008/09 £000</th>
</tr>
</thead>
<tbody>
<tr>
<td>Wages and Salaries</td>
<td>2,608</td>
<td>2,164</td>
</tr>
<tr>
<td>Social Security Costs</td>
<td>229</td>
<td>207</td>
</tr>
<tr>
<td>Pensions</td>
<td>113</td>
<td>178</td>
</tr>
<tr>
<td>Total</td>
<td>2,950</td>
<td>2,549</td>
</tr>
</tbody>
</table>

The average monthly number of employees during the period was 78 (2008/09 75), of whom there were the following higher paid employees as detailed below. Five additional contract staff were employed to manage the Tesco Partnership during the year.

<table>
<thead>
<tr>
<th>Earned between the ranges</th>
<th>2009/10</th>
<th>2008/09</th>
</tr>
</thead>
<tbody>
<tr>
<td>£60,000 to £70,000</td>
<td>1</td>
<td>-</td>
</tr>
<tr>
<td>£70,000 to £80,000</td>
<td>1</td>
<td>1</td>
</tr>
<tr>
<td>£80,000 to £90,000</td>
<td>-</td>
<td>-</td>
</tr>
<tr>
<td>£90,000 to £100,000</td>
<td>1</td>
<td>1</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Number of Staff by Activity</th>
<th>2009/10</th>
<th>2008/09</th>
</tr>
</thead>
<tbody>
<tr>
<td>Direct Charitable Expenditure</td>
<td>36</td>
<td>30</td>
</tr>
<tr>
<td>Fundraising and Publicity</td>
<td>32</td>
<td>37</td>
</tr>
<tr>
<td>Management and Administration</td>
<td>10</td>
<td>8</td>
</tr>
<tr>
<td>Total</td>
<td>78</td>
<td>75</td>
</tr>
</tbody>
</table>

Pension Schemes
There were outstanding contributions of £12,079 (2008/09: £9,838) at the balance sheet date.
4. Grant expenditure

The Muscular Dystrophy Campaign awards four types of grant:

- grants to fund medical research
- grants to muscle centres (principally for clinical research)
- grants to specific beneficiaries to enable them to purchase equipment to alleviate their condition, and other small welfare grants to individual beneficiaries dispensed by branches.

<table>
<thead>
<tr>
<th></th>
<th>Pursuit of Knowledge £000</th>
<th>Muscle Centres £000</th>
<th>Welfare Grants £000</th>
<th>Total 2009/10 £000</th>
<th>Total 2008/09 £000</th>
</tr>
</thead>
<tbody>
<tr>
<td>Grants awarded in the year</td>
<td>959</td>
<td>926</td>
<td>2,486</td>
<td>4,371</td>
<td>1,990</td>
</tr>
<tr>
<td>Grants cancelled in the year</td>
<td>(246)</td>
<td>0</td>
<td>0</td>
<td>(246)</td>
<td>(329)</td>
</tr>
<tr>
<td>Total</td>
<td>713</td>
<td>926</td>
<td>2,486</td>
<td>4,125</td>
<td>1,661</td>
</tr>
</tbody>
</table>

With the exception of welfare grants that are paid to individuals, all grants are paid to institutions. A list of grants to institutions is available from the registered office.

At the balance sheet date the charity had conditional grant commitments that have not been accrued in the accounts as the criteria relating to payment in subsequent years have not been met, as follows:

<table>
<thead>
<tr>
<th></th>
<th>2009/10 £000</th>
<th>2008/09 £000</th>
</tr>
</thead>
<tbody>
<tr>
<td>Payable between two and five years</td>
<td>310</td>
<td>420</td>
</tr>
</tbody>
</table>

5. Operating lease commitments

The Muscular Dystrophy Campaign is committed to the following annual commitments under a non-cancellable operating lease on its Headquarters at 61 Southwark Street, London. This lease expires in August 2010.

<table>
<thead>
<tr>
<th></th>
<th>2009/10 £000</th>
<th>2008/09 £000</th>
</tr>
</thead>
<tbody>
<tr>
<td>Payable within one year/between two and five years</td>
<td>85</td>
<td>200</td>
</tr>
</tbody>
</table>
6. Tangible fixed assets

(a) Group

<table>
<thead>
<tr>
<th></th>
<th>Leasehold Premises £000</th>
<th>Other Assets £000</th>
<th>Total £000</th>
</tr>
</thead>
<tbody>
<tr>
<td>Cost or Valuation at 1 April 2009</td>
<td>426</td>
<td>595</td>
<td>1,021</td>
</tr>
<tr>
<td>Additions</td>
<td>53</td>
<td>-</td>
<td>53</td>
</tr>
<tr>
<td>Disposals</td>
<td>(79)</td>
<td>-</td>
<td>(79)</td>
</tr>
<tr>
<td>At 31 March 2010</td>
<td>426</td>
<td>569</td>
<td>995</td>
</tr>
<tr>
<td>Cost or Valuation at 1 April 2009</td>
<td>273</td>
<td>361</td>
<td>634</td>
</tr>
<tr>
<td>Provided for the year</td>
<td>48</td>
<td>130</td>
<td>178</td>
</tr>
<tr>
<td>Disposals</td>
<td>(49)</td>
<td>-</td>
<td>(49)</td>
</tr>
<tr>
<td>At 31 March 2010</td>
<td>321</td>
<td>442</td>
<td>763</td>
</tr>
<tr>
<td>Net Book Value</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>At 31 March 2010</td>
<td>105</td>
<td>127</td>
<td>232</td>
</tr>
<tr>
<td>At 31 March 2009</td>
<td>153</td>
<td>234</td>
<td>387</td>
</tr>
</tbody>
</table>

(b) Company

<table>
<thead>
<tr>
<th></th>
<th>Leasehold Premises £000</th>
<th>Other Assets £000</th>
<th>Total £000</th>
</tr>
</thead>
<tbody>
<tr>
<td>Cost or Valuation at 1 April 2009</td>
<td>152</td>
<td>398</td>
<td>550</td>
</tr>
<tr>
<td>Additions</td>
<td>-</td>
<td>20</td>
<td>20</td>
</tr>
<tr>
<td>Disposals</td>
<td>(79)</td>
<td>-</td>
<td>(79)</td>
</tr>
<tr>
<td>At 31 March 2010</td>
<td>152</td>
<td>339</td>
<td>491</td>
</tr>
<tr>
<td>Cost or Valuation at 1 April 2009</td>
<td>93</td>
<td>174</td>
<td>267</td>
</tr>
<tr>
<td>Provided for the year</td>
<td>48</td>
<td>86</td>
<td>134</td>
</tr>
<tr>
<td>Disposals</td>
<td>-</td>
<td>49</td>
<td>(49)</td>
</tr>
<tr>
<td>At 31 March 2010</td>
<td>141</td>
<td>211</td>
<td>352</td>
</tr>
<tr>
<td>Net Book Value</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>At 31 March 2010</td>
<td>11</td>
<td>128</td>
<td>139</td>
</tr>
<tr>
<td>At 31 March 2009</td>
<td>59</td>
<td>224</td>
<td>283</td>
</tr>
</tbody>
</table>

All tangible fixed assets are used in the promotion of the Muscular Dystrophy Campaign's work; none are held for investment.

Included in other assets are three portraits especially commissioned by the charity, they are held at cost £15,000. In the opinion of the Trustees they are worth not less than this valuation and as such no depreciation is charged.
7. Investments

<table>
<thead>
<tr>
<th></th>
<th>Group 2010 £000</th>
<th>Group 2009 £000</th>
<th>Company 2010 £000</th>
<th>Company 2009 £000</th>
</tr>
</thead>
<tbody>
<tr>
<td>Market Value at 1 April</td>
<td>2,519</td>
<td>3,988</td>
<td>2,519</td>
<td>3,988</td>
</tr>
<tr>
<td>Net additions</td>
<td>(18)</td>
<td>(868)</td>
<td>(18)</td>
<td>(868)</td>
</tr>
<tr>
<td>Net investment (loss)/gain</td>
<td>2,501</td>
<td>3,120</td>
<td>2,501</td>
<td>3,120</td>
</tr>
<tr>
<td>Market Value at 31 March</td>
<td>792</td>
<td>(601)</td>
<td>792</td>
<td>(601)</td>
</tr>
<tr>
<td>Historical Cost at 31 March</td>
<td>3,293</td>
<td>2,519</td>
<td>3,293</td>
<td>2,519</td>
</tr>
</tbody>
</table>

Spread of Investments

The investments of the Muscular Dystrophy Campaign are held as follows:

<table>
<thead>
<tr>
<th></th>
<th>Group 2010 £000</th>
<th>Group 2009 £000</th>
<th>Company 2010 £000</th>
<th>Company 2009 £000</th>
</tr>
</thead>
<tbody>
<tr>
<td>Investments listed on a recognised Stock Exchange and Unit Trusts</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>- UK equities &amp; other</td>
<td>2,658</td>
<td>2,227</td>
<td>2,658</td>
<td>2,227</td>
</tr>
<tr>
<td>- UK fixed interest</td>
<td>435</td>
<td>463</td>
<td>435</td>
<td>463</td>
</tr>
<tr>
<td>Total</td>
<td>3,093</td>
<td>2,690</td>
<td>3,093</td>
<td>2,690</td>
</tr>
<tr>
<td>Cash on Deposit awaiting investment</td>
<td>138</td>
<td>1,236</td>
<td>138</td>
<td>1,236</td>
</tr>
<tr>
<td>Unlisted equities</td>
<td>62</td>
<td>62</td>
<td>62</td>
<td>62</td>
</tr>
<tr>
<td>Total</td>
<td>3,293</td>
<td>3,988</td>
<td>3,293</td>
<td>3,988</td>
</tr>
</tbody>
</table>

The unlisted equity investment has been valued at its likely realisable value.

Income from Investments

<table>
<thead>
<tr>
<th></th>
<th>Group 2010 £000</th>
<th>Group 2009 £000</th>
<th>Company 2010 £000</th>
<th>Company 2009 £000</th>
</tr>
</thead>
<tbody>
<tr>
<td>UK Equities</td>
<td>104</td>
<td>87</td>
<td>104</td>
<td>87</td>
</tr>
<tr>
<td>UK Fixed Interest</td>
<td>8</td>
<td>6</td>
<td>8</td>
<td>6</td>
</tr>
<tr>
<td>Short term Deposit and Bank Interest</td>
<td>17</td>
<td>91</td>
<td>17</td>
<td>91</td>
</tr>
<tr>
<td>Total</td>
<td>129</td>
<td>184</td>
<td>129</td>
<td>184</td>
</tr>
</tbody>
</table>
8. Investment in subsidiary undertakings

The accounts of the Muscular Dystrophy Campaign (i.e. ‘company only’ accounts) incorporate the results of the following entity on a line by line basis:

- The Joseph Patrick Trust; a separately registered charity which makes grants towards welfare equipment. The Muscular Dystrophy Campaign is the sole corporate trustee. The Trust shares a registered office with the Muscular Dystrophy Campaign.

The consolidated accounts of the Muscular Dystrophy Campaign incorporate the results of the following entities on a line by line basis:

- Muscular Dystrophy Group (Trading) Limited which undertakes trading activities on behalf of the charity and covenants all profits to the charity.
- NeuroMuscular Centre (a charitable company limited by guarantee) which offers care and support to those with muscular dystrophy and related neuromuscular conditions.
- NMC Trading Ltd (a subsidiary of the NeuroMuscular Centre) which undertakes trading in support of its immediate parent.

Their net assets and results for the year ended 31 March 2010 are summarised below:

<table>
<thead>
<tr>
<th></th>
<th>Muscular Dystrophy Group (Trading) Ltd £000</th>
<th>Joseph Patrick Trust £000</th>
<th>Neuro-Muscular Centre £000</th>
<th>NMC Trading Ltd £000</th>
</tr>
</thead>
<tbody>
<tr>
<td>Fixed Assets</td>
<td>-</td>
<td>-</td>
<td>83</td>
<td>10</td>
</tr>
<tr>
<td>Current Assets</td>
<td>53</td>
<td>308</td>
<td>149</td>
<td>72</td>
</tr>
<tr>
<td>Current Liabilities</td>
<td>(177)</td>
<td>(38)</td>
<td>(184)</td>
<td>(69)</td>
</tr>
<tr>
<td>Total Net Assets</td>
<td>(124)</td>
<td>270</td>
<td>48</td>
<td>13</td>
</tr>
<tr>
<td>Represented by:</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Total Funds</td>
<td>(124)</td>
<td>270</td>
<td>48</td>
<td>13</td>
</tr>
<tr>
<td>Surplus/(Deficit) for the year</td>
<td>-</td>
<td>77</td>
<td>41</td>
<td>-</td>
</tr>
</tbody>
</table>

The nature of the Muscular Dystrophy Campaign’s interests in its four subsidiaries is:

<table>
<thead>
<tr>
<th></th>
<th>Muscular Dystrophy Group (Trading) Ltd £000</th>
<th>Joseph Patrick Trust £000</th>
<th>Neuro-Muscular Centre £000</th>
<th>NMC Trading Ltd £000</th>
</tr>
</thead>
<tbody>
<tr>
<td>Country of Registration</td>
<td>England</td>
<td>England</td>
<td>England</td>
<td>England</td>
</tr>
<tr>
<td>Number of fully paid £1 ordinary shares</td>
<td>100</td>
<td>-</td>
<td>-</td>
<td>9</td>
</tr>
<tr>
<td>Voting rights owned by Campaign</td>
<td>100%</td>
<td>100%</td>
<td>100%</td>
<td>100%</td>
</tr>
</tbody>
</table>
9. Debtors

<table>
<thead>
<tr>
<th></th>
<th>Group 2010 £000</th>
<th>Group 2009 £000</th>
<th>Company 2010 £000</th>
<th>Company 2009 £000</th>
</tr>
</thead>
<tbody>
<tr>
<td>Amount due from subsidiary undertakings</td>
<td>-</td>
<td>-</td>
<td>408</td>
<td>408</td>
</tr>
<tr>
<td>Prepayments and accrued income</td>
<td>212</td>
<td>575</td>
<td>205</td>
<td>454</td>
</tr>
<tr>
<td>Other debtors</td>
<td>188</td>
<td>132</td>
<td>16</td>
<td>115</td>
</tr>
<tr>
<td><strong>Total</strong></td>
<td><strong>400</strong></td>
<td><strong>707</strong></td>
<td><strong>629</strong></td>
<td><strong>977</strong></td>
</tr>
</tbody>
</table>

All amounts are due within one year, and all intra group balances are unsecured and do not bear interest.

10. Creditors falling due within one year

<table>
<thead>
<tr>
<th></th>
<th>Group 2010 £000</th>
<th>Group 2009 £000</th>
<th>Company 2010 £000</th>
<th>Company 2009 £000</th>
</tr>
</thead>
<tbody>
<tr>
<td>Amount due to subsidiary</td>
<td>-</td>
<td>-</td>
<td>-</td>
<td>-</td>
</tr>
<tr>
<td>Grants</td>
<td>2,901</td>
<td>2,238</td>
<td>2,912</td>
<td>2,238</td>
</tr>
<tr>
<td>Accruals and deferred income</td>
<td>117</td>
<td>164</td>
<td>97</td>
<td>164</td>
</tr>
<tr>
<td>Other Creditors</td>
<td>488</td>
<td>326</td>
<td>438</td>
<td>290</td>
</tr>
<tr>
<td><strong>Total</strong></td>
<td><strong>3,506</strong></td>
<td><strong>2,728</strong></td>
<td><strong>3,447</strong></td>
<td><strong>2,692</strong></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th></th>
<th>Group 2010 £000</th>
<th>Group 2009 £000</th>
<th>Company 2010 £000</th>
<th>Company 2009 £000</th>
</tr>
</thead>
<tbody>
<tr>
<td>Grants</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Balance brought forward</td>
<td>2,238</td>
<td>2,320</td>
<td>2,238</td>
<td>2,320</td>
</tr>
<tr>
<td>Awards net of cancellations</td>
<td>3,755</td>
<td>1,585</td>
<td>3,755</td>
<td>1,585</td>
</tr>
<tr>
<td>Grants paid</td>
<td>(3,092)</td>
<td>(1,667)</td>
<td>(3,081)</td>
<td>(1,667)</td>
</tr>
<tr>
<td>Balance carried forward</td>
<td>2,901</td>
<td>2,238</td>
<td>2,912</td>
<td>2,238</td>
</tr>
</tbody>
</table>
11. Funds

(a) Statement of funds (group)

<table>
<thead>
<tr>
<th></th>
<th>Balance at 01-Apr-09</th>
<th>Movements</th>
<th>Balance at 31-Mar-10</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>£000</td>
<td>Incoming £000</td>
<td>Outgoing £000</td>
</tr>
<tr>
<td><strong>Restricted Funds</strong></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Joseph Patrick Trust</td>
<td>193</td>
<td>139</td>
<td>(62)</td>
</tr>
<tr>
<td>Orchid Ball - Endowed Fund</td>
<td>305</td>
<td>-</td>
<td>-</td>
</tr>
<tr>
<td>Orchid Ball - Income</td>
<td>-</td>
<td>2</td>
<td>(2)</td>
</tr>
<tr>
<td>Orchid Ball - Foundation</td>
<td>-</td>
<td>15</td>
<td>(15)</td>
</tr>
<tr>
<td>NeuroMuscular Centre #</td>
<td>70</td>
<td>79</td>
<td>(111)</td>
</tr>
<tr>
<td>The Patrick Trust Research Fund</td>
<td>944</td>
<td>11</td>
<td>(15)</td>
</tr>
<tr>
<td>Somerfield</td>
<td>-</td>
<td>33</td>
<td>(33)</td>
</tr>
<tr>
<td>v the youth volunteering charity</td>
<td>36</td>
<td>102</td>
<td>(79)</td>
</tr>
<tr>
<td>Foyle Foundation</td>
<td>-</td>
<td>50</td>
<td>(50)</td>
</tr>
<tr>
<td>Myasthenia Gravis Association</td>
<td>-</td>
<td>67</td>
<td>(67)</td>
</tr>
<tr>
<td>Garfield Weston Foundation</td>
<td>-</td>
<td>20</td>
<td>(20)</td>
</tr>
<tr>
<td>The Greendale Charitable Foundation</td>
<td>-</td>
<td>25</td>
<td>(25)</td>
</tr>
<tr>
<td>The Donald Forrester Trust</td>
<td>-</td>
<td>30</td>
<td>(30)</td>
</tr>
<tr>
<td>City Bridge Trust</td>
<td>-</td>
<td>34</td>
<td>(34)</td>
</tr>
<tr>
<td>BBC Children in Need</td>
<td>-</td>
<td>10</td>
<td>(10)</td>
</tr>
<tr>
<td>Margaret J Stephen's Charitable Trust</td>
<td>20</td>
<td>-</td>
<td>(20)</td>
</tr>
<tr>
<td>Cranbury Foundation</td>
<td>50</td>
<td>40</td>
<td>(50)</td>
</tr>
<tr>
<td>Big Lottery Fund</td>
<td>-</td>
<td>37</td>
<td>(37)</td>
</tr>
<tr>
<td>Awards For All</td>
<td>-</td>
<td>17</td>
<td>(17)</td>
</tr>
<tr>
<td>Q Trust</td>
<td>-</td>
<td>125</td>
<td>(25)</td>
</tr>
<tr>
<td>Tesco Fund</td>
<td>-</td>
<td>3,309</td>
<td>(3,309)</td>
</tr>
<tr>
<td>Other Funds</td>
<td>3</td>
<td>121</td>
<td>(124)</td>
</tr>
<tr>
<td><strong>Total Restricted Funds</strong></td>
<td>1,621</td>
<td>4,266</td>
<td>(4,135)</td>
</tr>
<tr>
<td><strong>Unrestricted Funds</strong></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td><strong>Designated Funds</strong></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>NeuroMuscular Centre #</td>
<td>(63)</td>
<td>565</td>
<td>(491)</td>
</tr>
<tr>
<td>Tangible assets for charity use</td>
<td>283</td>
<td>(59)</td>
<td>(85)</td>
</tr>
<tr>
<td><strong>Total Designated Funds</strong></td>
<td>220</td>
<td>506</td>
<td>(576)</td>
</tr>
<tr>
<td><strong>General Fund</strong></td>
<td>797</td>
<td>5,232</td>
<td>(5,167)</td>
</tr>
<tr>
<td><strong>Total Unrestricted Funds</strong></td>
<td>1,017</td>
<td>5,738</td>
<td>(5,743)</td>
</tr>
<tr>
<td><strong>Total Funds</strong></td>
<td>2,638</td>
<td>10,004</td>
<td>9,878</td>
</tr>
</tbody>
</table>

All restricted and designated funds shown above are restricted and designated funds of the Group. Funds marked # are reserves of the NeuroMuscular Centre and while part of the Group they are not reserves of the Company and so are not held as part of the restricted and designated funds of the Company. ‘Outgoing Movement in Resources’ includes all expenditure, revaluation gains, losses and transfers.
(b) Description of funds

Restricted funds

- The Joseph Patrick Trust is a subsidiary undertaking of the Muscular Dystrophy Campaign as explained in Note 7. Its assets are restricted to ‘provide welfare, relief and support to people affected by neuromuscular conditions’.
- The Orchid Ball Fund is an endowed fund the income from which (shown separately) is restricted in the first instance to welfare in Scotland. Any unused income in a financial period is then directed to funding research.
- The NeuroMuscular Centre represents funds held by the subsidiary undertaking that were donated for a specific purpose and which have not yet been charged to expenditure.
- The Trustees of the Patrick Trust previously converted a loan to the Muscular Dystrophy Campaign into a fund to be applied towards research for a cure for Duchenne muscular dystrophy. During the year £170,045 was awarded over a two year period to Dame Professor Kay Davies at Oxford for the Patrick Research Fellowship. The balance of the fund is held on special deposit and the interest received is applied to the fund.
- In February 2009, The Tesco Group adopted Muscular Dystrophy Campaign as its nominated Charity of the Year with effect from March 2009. The funds raised in 2009/10 will be used for funding specialist equipment for children with muscular dystrophy.
- Other funds represent other restricted funds.

Unrestricted funds

The Muscular Dystrophy Campaign’s reserves policy is reviewed regularly to ensure that the charity has sufficient cash and other reserves to meet its present and future commitments in an orderly and sustainable manner.

The designation of balances is as follows:

- NeuroMuscular Centre reflects the unrestricted funds of the Centre.
- ‘Tangible assets for charity use’ represents the amount of unrestricted funds represented by these assets.
- The General Fund is available for the ongoing operations of the charity.
### Restricted Funds

<table>
<thead>
<tr>
<th>Trust/centre</th>
<th>Fixed Assets £000</th>
<th>Net Current Assets (Liabilities) £000</th>
<th>Total £000</th>
</tr>
</thead>
<tbody>
<tr>
<td>Joseph Patrick Trust</td>
<td>-</td>
<td>270</td>
<td>270</td>
</tr>
<tr>
<td>Joseph Patrick Trust - Orchid Ball</td>
<td>-</td>
<td>305</td>
<td>305</td>
</tr>
<tr>
<td>NeuroMuscular Centre #</td>
<td>-</td>
<td>38</td>
<td>38</td>
</tr>
<tr>
<td>The Patrick Trust</td>
<td>-</td>
<td>940</td>
<td>940</td>
</tr>
<tr>
<td>V Fund</td>
<td>-</td>
<td>59</td>
<td>59</td>
</tr>
<tr>
<td>Cranbury Foundation</td>
<td>-</td>
<td>40</td>
<td>40</td>
</tr>
<tr>
<td>Q Trust</td>
<td>-</td>
<td>100</td>
<td>100</td>
</tr>
<tr>
<td><strong>Total Restricted Funds</strong></td>
<td>-</td>
<td><strong>1,752</strong></td>
<td><strong>1,752</strong></td>
</tr>
</tbody>
</table>

### Unrestricted Funds

<table>
<thead>
<tr>
<th>Fund</th>
<th>Fixed Assets £000</th>
<th>Net Current Assets (Liabilities) £000</th>
<th>Total £000</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Designated Funds</strong></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>NeuroMuscular Centre #</td>
<td>83</td>
<td>(72)</td>
<td>11</td>
</tr>
<tr>
<td>Tangible assets for charity use</td>
<td>139</td>
<td>-</td>
<td>139</td>
</tr>
<tr>
<td><strong>Total Designated Funds</strong></td>
<td><strong>222</strong></td>
<td><strong>(72)</strong></td>
<td><strong>150</strong></td>
</tr>
<tr>
<td><strong>General Fund</strong></td>
<td>3,293</td>
<td>(2,431)</td>
<td><strong>862</strong></td>
</tr>
<tr>
<td><strong>Total Unrestricted Funds</strong></td>
<td><strong>3,515</strong></td>
<td><strong>(2,503)</strong></td>
<td><strong>1,012</strong></td>
</tr>
<tr>
<td><strong>Total Funds</strong></td>
<td><strong>3,515</strong></td>
<td><strong>(751)</strong></td>
<td><strong>2,764</strong></td>
</tr>
</tbody>
</table>

The Group is entitled to a share in a number of estates and these it monitors closely. The following sums have not been reflected in these financial statements in accordance with the accounting policies set out in note 1. The potential values of these estates to the Group at the balance sheet date are as follows:

<table>
<thead>
<tr>
<th>Fund</th>
<th>2010 £000</th>
<th>2009 £000</th>
</tr>
</thead>
<tbody>
<tr>
<td>Residuary</td>
<td>775</td>
<td>895</td>
</tr>
<tr>
<td>Miscellaneous</td>
<td>0</td>
<td>2</td>
</tr>
<tr>
<td>Reversionary</td>
<td>1,386</td>
<td>1,378</td>
</tr>
<tr>
<td><strong>Total</strong></td>
<td><strong>2,161</strong></td>
<td><strong>2,275</strong></td>
</tr>
</tbody>
</table>

All sums are due to the Muscular Dystrophy Campaign.
12. Status of charity

The Muscular Dystrophy Group of Great Britain and Northern Ireland, operating as Muscular Dystrophy Campaign, is a registered charity and a company limited by guarantee. In the event of a winding-up members are required to contribute an amount not exceeding one pound. By virtue of S.30 of the Companies Act 2006 the charity does not use ‘limited’ in its name.

Muscular Dystrophy Campaign is an operating name of the “Muscular Dystrophy Group of Great Britain and Northern Ireland” (a company limited by guarantee: 705357).

Registered Charity No. 205395 and Registered Scottish Charity No. SC039445

Patron
HRH The Prince Philip, Duke of Edinburgh KG KT OM GBE AC QSO PC

President
Sue Barker MBE

Honorary Life Presidents
Lord Attenborough of Richmond-upon-Thames Kt CBE
Lord Walton of Detchant Kt TD MA MD DSc FRCP FMed Sci

Vice Presidents
Anil Ahir
Peter Andrews (Honorary)
Sophia Bergqvist
Jane Byam Shaw

Tony Carey
Tom Chamberlayne-Macdonald
Jeremy Champion
Roger Cooke
Candida Crewe
Charity Crewe
Sebastian Crewe
Mark Disney
Professor Alan Emery FRCP Edin
Sir Alex Ferguson CBE
Andrew Graham
Christian Hore
Tania Hore
Christine Jenkins
Matthew Kelly
Sarah Kelly
Simon Knights
Nicky Manby
Andrew Martin
Sir Bert Massie CBE
Martin Moore
Alan Noble
Alexander Patrick DL
Valerie Patrick
Jeremy Pelczer
Jemima Reynolds
Jonathan Staniforth
Baroness Celia Thomas MBE

Board of Trustees
Professor M Bobrow CBE FRS FMed Sci (Chair)
C K Rushton (Vice Chair)
L Ball
G Davies (Elected 05/09/09)
M Draeger (Co-opted 05/09/09)
P Forwood LVO FCA (Treasurer)
Dr P Goodfellow DPhil FRS
I T Gordon

Professor J Harris BPharm PhD FI Biol MPS
C Manby (Co-opted 05/09/09)
S McDonald (Retired 05/09/09)
N Overall
K Parkin
J Pritchard (Retired 05/09/09)
R Warner

The Trustees also act as Directors of the Company for the purposes of Company Law.

Senior Management Team
P Butcher (Chief Executive) (Resigned 11/06/10)
M Horrocks (Director of Fundraising) (Resigned 30/09/09)
L Inman (Director of Care and Support)
M Lanham (Director NMC)
A Mardon (Director of Marketing and Communications) (Resigned 01/04/10)
R Meadowcroft (Acting Chief Executive) (12/06/10)
H Khan (Director of Finance) (01/06/09)
Dr M Pohlschmidt (Director of Research) (02/08/10)

Bankers
The Royal Bank of Scotland
40 Islington High Street
London
N1 8XJ

Auditors
Horwath Clark Whitehill LLP
10 Salisbury Square
London
EC4Y 8EH
Notes to the financial statements for the year ended 31 March 2010

Solicitors
Russell-Cooke Solicitors LLP
2 Putney Hill
Putney
London SW15 6AB

A Lutley Solicitors
Springfield
Rookery Hill
Ashtead
Surrey KT21 1HY

Investment Managers
Rensburg Sheppards Investment Management Ltd
2 Gresham Street
London EC2V 7QN

Fyshe Horton Finney Ltd
Charles House
148-149 Great Charles Street
Birmingham
B3 3HT

Registered office
61 Southwark Street,
London SE1 0HL

Standing Committees

Finance & General Purposes Committee
P Forwood LVO FCA (Chair)
Professor M Bobrow CBE FRS FMed Sci
I T Gordon (Retired 22/09/09)
B D Jackson MBE
N Overall
J Pritchard
C K Rushton

Appointments Committee
Professor M Bobrow CBE FRS FMed Sci (Chair)
I T Gordon
C Manby
K Parkin
C K Rushton

Medical Research Committee
Dr P Goodfellow DPhil FRS (Chair)
Professor T Braun
Professor Dame K Davies CBE DBE FMed Sci FRSC
Dr J den Dunnen PhD
Professor G Dickson BSc PhD
Professor J Hewitt PhD
Dr D Hilton-Jones MA MD FRCP FRCPE
Dr S Sawcer (Joined 10/02/09)
Dr S Tajbakhsh PhD
Professor F Walsh BSc PhD

Clinical Research & Care Committee
K Parkin (Chair)
C Atlee
Professor K Bushby MB ChB MD FRCP
Dr A-M Childs MBChB MRCP FRCPCCH
Professor F Muntoni MD FRCPCH FMed Sci
S Manning (Network Advisor, non-voting member)
E Scott (Network Advisor, non-voting member)
Baroness Celia Thomas

Scottish Council
S McDonald (Chair) (Retired 12/09/09)
A Couston
K Coyle
J McDermott (Vice Chair West of Scotland)
(Retired 12/09/09)
Dr J Ferrie
K Kemp

S MDonald (Treasurer) (Elected 12/09/09)
S Morris (Retired 12/09/09)
Dr K Naismith
Dr R Petty
E Stewart
E Warner
R Warner (Chairman) (Elected 12/09/09)
D Watson (Treasurer) (Resigned 27/03/10)
D Wight
J Wight
Dr D Wilcox BSc MBChB FRCP

Northern Ireland Council
O Monaghan (Chair)
M Hollywood (Vice Chair)
J Graham (Treasurer)
R McKay (Secretary)
J Bailie (Media Representative)
A J Mc Knight
B McKnight
M McClintock
F Ashe
A Foy
M Nesbitt
A Mulholland
R Kane
M Hegarty
P McCartan
N Malcolmson
M Murphy
M Nesbitt
Patron
HRH The Prince Philip, Duke of Edinburgh
KG KT OM GBE AC QSO PC
Prince Philip was born Prince of Greece and Denmark in Corfu in 1921. He renounced his foreign Royal title when he became a naturalised British subject in 1947, the same year he married The Queen.

Since Princess Elizabeth became Queen in 1952, Prince Philip has provided an immense amount of support to The Queen in her duties. Through his work with a wide range of charities The Duke of Edinburgh has played a major national and international role in helping the lives of other people.

Honorary Life President
Lord John Walton
Kt TD MA MD DSc FRCP FMedSci
Lord Walton of Detchant was a founder of the Muscular Dystrophy Campaign (then called the Muscular Dystrophy Group) in 1959.

In medical school he specialised in neurology and studied muscular dystrophy, establishing a new classification system based on genetic information. He was Professor of Neurology and Dean of Medicine at the University of Newcastle.

Lord Walton has held the presidencies of several medical organisations, including the General Medical Council (GMC), the British Medical Association (BMA) and the Royal Society of Medicine. He was created a life peer in 1989 and has contributed as a cross-bench to many high-profile debates.

Honorary Life President
Lord Richard Attenborough Kt CBE
Acclaimed actor, director and producer, Lord Richard Attenborough is one of this country’s most distinguished citizens. He was appointed a CBE in 1967, knighted in 1976 and created a life peer in 1993.

Lord Attenborough first found out about the Muscular Dystrophy Campaign when visiting a local hospital fete in 1962 where he was greatly affected by the plight of the boys living with Duchenne muscular dystrophy.

From that very day he offered his support to the charity, contributing greatly to raising the profile of the charity and generating hundreds of thousands of pounds. He served as President for 30 years, from 1972 until 2002, when he then became an Honorary Life President. Lord Attenborough remains an inspirational supporter of the Muscular Dystrophy Campaign.

President
Sue Barker MBE
Originally from Devon, Sue Barker is a television presenter and former professional tennis player. During her tennis career, she won the women’s singles title at the French Open and reached a career-high singles ranking of World No. 3.

Upon retiring from tennis in 1985 Sue became a sports commentator and joined the BBC to anchor the tennis coverage at Wimbledon in 1993. Since joining the BBC Sue has become one of its chief sports presenters – she fronts key sporting events including the Olympics and is also the presenter of the popular quiz show A Question of Sport.

Through a great friendship with Lord Attenborough, Sue Barker was pleased to follow in his footsteps by becoming President of the Muscular Dystrophy Campaign in 2004. Since joining Sue has become an active supporter, attending many charity events including the national conference.
☒ Raised £3.3 million through Tesco Charity of the Year partnership for 2009/10 and will reach £5.6 million.

☒ Managed 22 active research projects covering 15 different conditions at a total investment of £927,318.

☒ Coordinated more than 6,000 requests for telephone and email support.

☒ Grew professional networks to more than 2,600 individuals, contacts with individuals with muscle disease to over 3,100 and contacts with families affected by muscle disease to over 3,800 individuals.

☒ 1,964 volunteers helped to collect £80,000 during our Tesco National Collections.

☒ Launched a new online publications store.

☒ Delivered three Information days, 10 Living with MD days, four family events, two conferences and attended 10 external care events.

☒ Our network of 60 branches raised over £160,000.

☒ Over 1,000 people attended our four volunteer-led Spirit of Christmas Carol Concerts.

☒ Supported over 400 children and young people through the Tesco partnership to fully-fund equipment and wheelchairs.

☒ Advocated on behalf of 45 children and adults to ensure their rights for adequate service provision.

☒ Launched the Walton Report following a Parliamentary Inquiry through the All Party Parliamentary Group for Muscular Dystrophy which highlighted gaps and weaknesses in NHS services.

☒ Delivered 10,420 requests for literature and 3,392 requests for telephone and email support.

☒ Grew the number of individuals fundraising and volunteering for the charity across the UK.