

What do I need to know before I enrol in a clinical trial?

Deciding to enrol into a clinical trial can be a daunting process. Muscular Dystrophy UK is here to support you through this sometimes tough decision making process. We believe you should know as much as possible about a clinical trial and feel comfortable in asking the members of the healthcare team questions about it. The following questions might be helpful for the participant to discuss with the healthcare team:

- What is the purpose of the study?
- Who is going to be in the study?
- Why do researchers believe the experimental treatment being tested may be effective?
- Has it been tested before?
- What kinds of tests and experimental treatments are involved?
- How do the possible risks, side effects, and benefits in the study compare with my current treatment?
- How might this trial affect my daily life?
- How long will the trial last?
- Will hospitalisation be required?
- Who will pay for the experimental treatment?
- Will I be reimbursed for other expenses?
- What type of long-term follow up care is part of this study?
- How will I know that the experimental treatment is working?
- Will results of the trials be provided to me?
- Who will be in charge of my care?
- Would I be allowed to participate in future trials?