



Send your go orange for a day fundraising to Muscular Dystrophy UK

After you've celebrated your **go orange for a day**, gather your donations together and send them in. We can then put your hard-earned fundraising straight to work to beat muscle-wasting conditions. There are plenty of ways to pay in the money you've raised:

1. **over the phone:** give us a call on **0300 012 0172** to pay by card
2. **send a cheque:** complete the form below, cut it off and send it with a cheque made out to 'Muscular Dystrophy UK' to: Muscular Dystrophy UK, 61A Great Suffolk St, London SE1 0BU

3. **bank transfer:**

Bank: HSBC, Account number: 42287129 **Sort code:** 40-06-21 **Payable to:** MUSCULAR DYSTROPHY GROUP
Please put your name in the reference along with GoOD19 (for example, John Smith – GoOD19).

Please don't send cash in the post

Go orange for a day cheque return form

Please find enclosed a cheque totalling £ _____ which was raised at my **go orange for a day** 2019!

My details

Name _____

Email address _____

Phone number _____

We joined in **go orange for a day** at my school / workplace / other (please circle):

Name of school or workplace _____

Address _____

_____ Postcode _____

(Please tick if the below apply)

My **go orange for a day** fundraising was to go towards my sponsorship for a challenge event I am taking part in. Please state the event _____

I would like my fundraising restricted to the following Family Fund _____

Update your contact preferences

Keep involved

We'd love to share updates with you about MDUK work, opportunities to take part in events and other ways to help beat muscle-wasting conditions.

Please keep me involved via: email SMS telephone

Please **do not** contact me by post

Stay in control of your details

We will never share your details with anyone. We will only contact you in the ways that you wish, making use of the information you've told us (including your muscle-wasting condition) and publicly available information. We want to make sure what we communicate with you is relevant to your interests. Our privacy policy is available on our website or by phoning 0300 012 0172.