

National Conference 12 October 2019

Draft Agenda

9am	Registration – visit information stands and the pop up shop Tea & coffee available
10am – 10.15am	Welcome: Professor Mike Hanna, MDUK chair review of the year
10.15am – 11.15am	Muscular Dystrophy UK: 60 years of progress. Are we on the threshold of a new era? Research: Dr Melissa Bowerman and Prof Matthew Wood Support and care: Andrew Robertson, care advisor Future priorities: Catherine Woodhead, CEO Muscular Dystrophy UK
11.15am	Muscular Dystrophy UK AGM
11.25am – 11.45am	Tea & coffee break
11.45am – 12.30pm	Breakout session
12.30pm – 1.45pm	Lunch
1.45pm - 2pm	Living with a muscle-wasting condition: in conversation with Annie Blake
2pm – 2.45pm	2019 President’s Awards with MDUK President Gabby Logan
2.45pm – 5pm	Breakout sessions and Youth conference

The Conference ends at 5pm after the afternoon breakout sessions

Breakout sessions

Morning session	Afternoon session 1	Afternoon session 2
<p>Research Q&A</p> <p>Talk with researchers and the MDUK research team</p>	<p>Getting involved in research</p> <p>A more practical session on getting involved in clinical trials and registries etc.</p>	<p>Research Q&A</p> <p>Talk with researchers and the MDUK research team</p>
<p>Finance and practical support</p> <p>What support is available to meet the costs of living with a condition, including benefits and grants?</p>	<p>Mental health matters</p> <p>Dr Sadie Thomas-Unsworth, Clinical Psychologist</p>	<p>Employability</p> <p>Presenting Trailblazers Ready and Able report alongside employers and disabled people who contributed to it.</p>
<p>Care advisors</p> <p>What are care advisors and what can they do for you?</p>	<p>Being an independent enabler</p> <p>Supporting a child to become independent.</p>	<p>Going on holiday</p> <p>Practical tips and insights from others about what to consider and how to plan a holiday.</p>
<p>Employing a personal assistant</p> <p>Launching the Trailblazers guide, find out more about what it means to employ a personal assistant.</p>	<p>Spinraza update</p> <p>In partnership with SMA UK.</p>	<p>Adapting your home</p> <p>Practical tips and insights from those who have adapted their home to suit their needs.</p>